RESOURCES FOR INTEGRATED CARE
Resources for Plans & Providers for Medicare-Medicaid Integration

Disability-Competent Care Self-Paced Training Assessment Review Tool (DCC-START)

Summer 2023

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Disability-Competent Care Resources: Table of Contents

Introduction

The Disability-Competent Care Self-Paced Training Assessment Review Tool (DCC-START) is intended to assist health plans in strengthening their efforts to provide integrated, coordinated care to their members with disabilities. The DCC-START assesses an organization's disability-competent care (DCC) training materials and identifies opportunities for augmentation and enhancement. The DCC-START complements the Disability-Competent Care Self-Assessment Tool (DCCAT), which is used by health plans and organizations to evaluate their DCC capabilities.

Purpose

This guide provides a detailed list of resources that can be used to address the opportunity areas identified by the DCC-START. The resources listed in this guide have been reviewed by a range of disability experts to ensure the content is topically relevant and meets the standards and practices of the DCC model. The original DCC-START Resource Guide was developed by Resources for Integrated Care (RIC) in 2017, and inactive links were reviewed and updated as needed in 2023.

> The DCC-START Resource Guide provides a wide range of specialized resources designed to address DCC opportunity areas identified by the organization for the enhancement of training materials.

Using this Guide in Conjunction with the DCC-START

The following approach is recommended for the most effective application of resources:

1. **Download the DCC-START and review training materials.** Download the DCC-START from the RIC website. Identify existing training and staff members to complete the Excel-based tool.

2. **Answer each question.** It may be difficult to answer each question in the tool; however, answering all the questions will provide the best assessment of how your organization is delivering DCC training and whether your training process can be enhanced. Your answers are used to produce a tailored set of opportunity areas. (Please note, you must enable macros on the spreadsheet in order for responses to be grouped. If you experience challenges, there is a PDF version available from the RIC website.)

3. **Review the opportunity areas.** After completing the DCC-START in the Excel tool, opportunity areas based on responses appear in the Summary section by training component (topic). Each opportunity area aligns with one of the seven major training components that comprise the DCC model.

4. **Identify the appropriate resource.** The resources listed below are grouped and numbered according to the training components they cover in the DCC-START. Opportunity areas can easily be cross-referenced to a companion resource by referencing either the training component or the numerical topic value assigned to each opportunity area and resource (e.g., opportunity area 1.4 aligns with the resources under topic 1). This list is not comprehensive, but rather a starting point. Additional resources are available at the RIC website.

Disability-Competent Care Resources

Topic 1: Understanding the population being served

Resource Title	Resource Type	Description
Disability-Competent Care – What is it and Why is it Important?	Webinar	This resource from RIC introduces the DCC model and describes the independent living/person-centered approach to care delivery.
The Lived Experience of Disability	Webinar	This resource from RIC describes the barriers experienced by persons with disabilities when accessing health care and the differences between standard health care delivery and person-centered DCC.
Training Approaches for Healthcare Providers Serving Persons with Disabilities	Webinar	This resource from the Association of University Centers on Disabilities provides successful strategies used in designing and implementing training programs for health care providers serving persons with disabilities.
Understanding Disability	Webpage	This resource from the American Medical Association Journal of Ethics discusses the evolution in understanding of the meaning of disability and expectations for persons with disabilities.
1.1. Focus on Functional Limitations		
Disability-Competent Care- What is it and Why is it Important?	Webinar	This resource from RIC introduces the DCC model and describes the independent living/person-centered approach to care delivery.
The Lived Experience of Disability	Webinar	This resource from RIC describes the barriers experienced by persons with disabilities when accessing health care and the differences between standard health care delivery and person-centered DCC.
1.2. Types of Functional Limitations		
Disability and Health Promotion	Webpage	This resource from the Centers for Disease Control and Prevention (CDC) compiles articles related to disability and health promotion, including disability inclusion, emergency preparedness, and data and statistics.
Modernizing Health Care to Improve Physical Accessibility	Training	This training from the Centers for Medicare & Medicaid Services (CMS) provides guidance for health care providers, staff, and administrators in defining disability, understanding the barriers to accessing care, and building capacity to meet the needs of persons with disabilities.
1.3. Demographics		
Local Medicare and Medicaid Data	Webpage	This resource from CMS is a Medicare and Medicaid Summary Statistics Glossary that can be used to determine disability prevalence across programs and settings.

Resource Title	Resource Type	Description
Health Equity for People with Disabilities	Webpage	This resource from the CDC explores the health disparities among racial and ethnic minorities with disabilities resulting from bias, discrimination, economic barriers, and inadequate access to care.
1.4. Health and Health Care Disparities Experienced by People with Disabilities		
Disability-Competent Care – What is it and Why is it Important?	Webinar	This resource from RIC introduces the DCC model and describes the independent living/person-centered approach to care delivery.
The Lived Experience of Disability	Webinar	This resource from RIC describes the barriers experienced by persons with disabilities when accessing health care and the differences between standard health care delivery and person-centered DCC.
2022 National Healthcare Quality and Disparities Report (Executive Summary)	Webpage	This resource by the Agency for Healthcare Research and Quality (AHRQ) highlights its 2022 findings on health care quality and health care disparities.
World Institute on Disability	Webpage	This resource by the World Institute on Disability provides information on accessibility and universal design; emergency, disaster, and climate resilience; and community inclusion.
Harris Family Center for Disability and Health Policy: Health and Health Care Disparities	Webpage	This resource by the Harris Family Center for Disability & Health Policy consists of an assortment of materials regarding communication with and about persons with disabilities in the workplace, the Americans with Disabilities Act, and assistive technology.
1.5 Learning from Your Members		
The Lived Experience of Disability	Webinar	This resource from RIC describes the barriers experienced by persons with disabilities when accessing health care and the differences between standard health care delivery and person-centered DCC.
Best Practices for Meaningful Consumer Input in New Health Care Delivery Models	Handout	This resource from Community Catalyst focuses on best practices in designing new health care delivery models, which can be used for serving individuals with disabilities.
Developing and Implementing Self-Direction Programs and Policies: A Handbook (Chapter 3)	Handbook	Chapter 3 of this resource from the National Resource Center for Participant-Directed Services and the Robert Wood Johnson Foundation provides guidance for involving participants with disabilities in program design, implementation, and evaluation.
The Playbook: Better Care for People with Complex Needs	Webpage	This resource from the Center for Health Care Strategies provides information for improving health care for individuals with complex needs.

Topic 2: Understanding the disability experience

Resource Title	Resource Type	Description
Disability-Competent Care – What is it and Why is it Important?	Webinar	This resource from RIC introduces the DCC model and describes the independent living/person-centered approach to care delivery.
The Lived Experience of Disability	Webinar	This resource from RIC describes the barriers experienced by persons with disabilities when accessing health care and the differences between standard health care delivery and person-centered DCC.
World Report on Disability, Chapter One	Report	The first chapter of this resource from the World Health Organization provides a basis for defining and understanding disability.
2.1 Onset of Disability		
Categories of Disability	Handout	This resource from PACER Center explores the different categories of disabilities such as physical disabilities, sensory disabilities, and developmental disabilities.
Disability Etiquette: Tips on Interacting with People with Disabilities	Brief	This resource from the United Spinal Association provides information and etiquette tips for interacting with people with disabilities.
Classifications of Disabilities	Webpage	This resource from Disabled World describes different types of disabilities and highlights a number of broad sub-categories, providing clarity through definition of terms.
Defining Brain Injuries	Webpage	This resource from Minnesota Brain Injury Alliance defines traumatic and acquired brain injuries.
2.2 Progressive and Stable Long-Term Disabilities		
Muscular Dystrophy	Webpage	This resource from the National Institute of Neurological Disorders and Stroke (NINDS) provides information on muscular dystrophy.
Huntington's Disease	Webpage	This resource from NINDS provides information on Huntington's disease.
What is Cystic Fibrosis?	Webpage	This resource from the National Heart, Lung, and Blood Institute provides information on cystic fibrosis.
Spinal Cord Injury	Webpage	This resource from NINDS provides information on spinal cord injury.
Traumatic Brain Injury	Webpage	This resource from NINDS provides information on traumatic brain injury.
Cerebral Palsy	Webpage	This resource from NINDS provides information on cerebral palsy.
6 General Types of Disabilities	Webpage	This resource from Changing Paces provides an overview of the types of disabilities and describes progressive disabilities.

Resource Title	Resource Type	Description
Defining Multiple Sclerosis (MS)	Webpage	This resource from the National Multiple Sclerosis Society defines MS and provides insight into the life of an individual living with MS.
2.3 Aging with a Disability		
Resources for Healthy Aging with a Disability	Webpage	The Administration on Aging is part of the Administration for Community Living (ACL). This resource from ACL provides information on programs that support older adults, persons with disabilities, and family caregivers.
Aging Well with a Physical Disability	Factsheets	These resources from the Healthy Aging & Physical Disability Rehabilitation Research and Training Center address pertinent topics related to aging with a disability.
2.4 Intellectual Disabilities		
My Health, My Life Toolkit	Toolkit	This toolkit from RIC is for individuals with intellectual and developmental disabilities, their family member(s) or guardian(s), and their provider support team. The toolkit's purpose is to improve communication when the individual enters and leaves the hospital or care setting, and build or strengthen relationships between medical providers and the individual and their family member(s) or guardian(s).
Administration on Disabilities	Webpage	This resource from ACL describes the history of the Developmental Disabilities Assistance and Bill of Rights Act of 2000 and the development of the Administration on Disabilities.
Access to care for patients with disabilities: Strategies for ensuring a safe, accessible and ADA compliant practice	Handout	This resource from the American Medical Association provides information on providing culturally competent care and guidance on complying with laws addressing disability.
Intellectual Disability	Webpage	This resource from the American Association on Intellectual and Developmental Disabilities provides information on intellectual disability, including the historical context, defining criteria, frequently asked questions, and intersectionality.
Healthcare Training for Persons with Developmental Disabilities	Training	This resource from the University of Florida Office on Disability and Health provides information on health issues and barriers to health care for people with developmental disabilities.
Health Care for Adults with Intellectual and Developmental Disabilities: Toolkit for Primary Care Providers	Web-Based Toolkit	This resource from Developmental Disabilities Primary Care Initiative (DDPCI) provides guidance to primary care providers serving individuals with intellectual and developmental disabilities.
2.5 Cognitive Disability		
Etiquette Tips for Interacting with People with Disabilities	Webpage and Video	This resource from RespectAbility provides etiquette tips that can be used when interacting with people with cognitive, intellectual, or psychiatric disabilities.

Topic 3: Understanding disability rights and practice implications

Resource Title	Resource Type	Description
The Lived Experience of Disability	Webinar	This resource from RIC describes the barriers experienced by persons with disabilities when accessing health care and the differences between standard health care delivery and person-centered DCC.
From Workshops to Workforce: Tips for Providers Transitioning to an Integrated Employment Model	Webpage	This resource from ACL provides tips, strategies, and leverage points that providers may implement as they transition to an integrated employment model.
Americans with Disabilities Act	Webpage	This resource from the U.S. Department of Justice Civil Rights Division provides information regarding the Americans with Disabilities Act, including design standards and technical assistance materials.
Developing and Implementing Self-Direction Programs and Policies: A Handbook (Chapter 1)	Handbook	The first chapter of this resource from the National Resource Center for Participant-Directed Services and the Robert Wood Johnson Foundation provides an overview of the key features of self-direction – both employer and budget authority – as a service delivery model in the provision of long-term services and supports to participants living at home.
Office of Disability Employment Policy: Return to Work Toolkit for Employees	Web-Based Toolkit	This resource from the Council of State Governments provides guidance on how employees can prepare to return to work after an injury.
Why is Understanding Disability Important?	Webpage	This resource from the National Disability Navigator Resource Collaborative provides information on the types of accommodations persons with disabilities require, as well as information on insurance coverage selection that meets individuals' needs.
Medicaid Healthcare Accessibility for People with Disabilities	Legal Position Paper	This resource from the Disability Rights Education and Defense Fund (DREDF) sets forth the legal basis for requiring states and intermediate health management organizations to ensure that offered Medicaid health care services are available to persons with disabilities.
3.1. Americans with Disabilities Act and Health Care		
Disability & Health Information for Health Care Providers	Webpage	This resource from the CDC provides information for health care providers and highlights strategies for working with persons with disabilities.
Medicaid: Self-Directed Services	Webpage	This resource from CMS provides information to assist states, agencies, and organizations in offering self-directed services.

Resource Title	Resource Type	Description
3.2. Olmstead Decision Legal Obligations and Requirements Related to Long-Term Services and Supports and Health Care		
Olmstead: Community Integration for Everyone	Webpage	This resource from the U.S. Department of Justice Civil Rights Division summarizes the decision in the Supreme Court case Olmstead v. L.C. and includes the personal stories of individuals affected by the decision.
Guide to Disability Rights Laws	Webpage	This resource from the U.S. Department of Justice Civil Rights Division provides an overview of federal civil rights laws ensuring equal opportunity for persons with disabilities.
Serving People with Disabilities in the Most Integrated Setting: Community Living and Olmstead	Webpage	This resource from the U.S. Department of Health and Human Services emphasizes the importance of coordinating community programs to facilitate needed home and community services.
Medicaid: Self-Directed Services	Webpage	This resource from CMS provides information to assist states, agencies, and organizations in offering self-directed services.
3.3. Understanding the Independent Living Model (Social Model) as Compared to the Medical Model		
Dignity of Risk	Webinar	This resource from RIC includes a facilitated discussion around understanding and respecting the concept of dignity of risk. It provides guidance on how to engage a participant in a discussion while respecting their choice within the context of informed risk-taking.
National Council for Independent Living	Website	This resource from the National Council on Independent Living provides information on upcoming events and trainings regarding independent living.
Developing and Implementing Self-Direction Programs and Policies: A Handbook	Handbook	This resource from the National Resource Center for Participant-Directed Services and the Robert Wood Johnson Foundation provides an overview of the self-direction approach that can be used with long-term services and supports.
Independent Living and Traditional Paradigms	Webpage	This resource developed by Disability Policy Consultant June Isaacson Kailes compares traditional approaches to medical and vocational rehabilitation services with the consumer-driven, independent living approach.

Topic 4: Understanding and providing access

Resource Title	Resource Type	Description
Disability-Competent Care – What is it and Why is it Important?	Webinar	This resource from RIC introduces the DCC model and describes the independent living/person-centered approach to care delivery.
The Lived Experience of Disability	Webinar	This resource from RIC describes the barriers experienced by persons with disabilities when accessing health care and the differences between standard health care delivery and person-centered DCC.
Providing Home Modifications	Webinar	This resource from RIC describes the value of in-home functional assessments and the components of the home modification assessment process.
Disability & Health Information for Health Care Providers	Webpage	This resource from the CDC provides information for health care providers and highlights strategies for working with persons with disabilities.
Making Preventive Health Care Work for You: A Resource Guide for Persons with Physical Disabilities	Resource Guide	This resource from the Center for Disability Issues and the Health Professions and the National Rehabilitation Hospital is a participant-focused guidebook to prepare individuals to access the care and services they need.
Tax Incentives for Improving Accessibility	Brief	This resource from the Adaptive Environments Center provides information on tax incentives to help businesses offset the cost of improving access to goods and services for persons with disabilities under the Americans with Disabilities Act.
Accommodating Seniors and People with Disabilities: Model Policies and Procedures for Primary Care Practices	Resource Guide	This resource from DREDF provides policies and procedures that primary care practices can incorporate into their existing models of care.
Communicating with People with Disabilities	Handout	This resource from the National League for Nursing (NLN) identifies general recommendations for communication with persons with disabilities and recommendations that may apply to individuals with a variety of disabilities.
Assessment of a Patient with a Disability Checklist	Handout	This resource from the NLN provides a checklist of guidance on effective communication and interpersonal skills when assessing a patient with a disability.
4.1 Attitudinal		
Disability-Competent Care – What is it and Why is it Important?	Webinar	This resource from RIC introduces the DCC model and describes the independent living/person-centered approach that is integral to the delivery of DCC.
The Lived Experience of Disability	Webinar	This resource from RIC describes the barriers experienced by persons with disabilities when accessing health care and the differences between standard health care delivery and person-centered DCC.

Resource Title	Resource Type	Description
Tip Sheet: Using Person-Centered Language	Tip Sheet	This resource from RIC offers guidance and examples for using person-centered language and shares additional resources for enhancing person-centered practices.
First Person Stories	Briefs	These resources from RIC share first-person stories illustrating several key topics related to care coordination, including how a person-centered approach is supportive and promotes independence and opportunities for social engagement; the importance of timely and responsive primary care and incorporating a participant's preferences and expressed needs; and the impact of integrating long-term services and supports to meet an individual's needs, promote health and well-being, and help participants achieve optimal outcomes.
Communicating About People with Disabilities	Webpage	This resource from the National Disability Rights Network provides guidance on the language that can be used when referring to and interacting with persons with disabilities.
Healthcare Stories	Videos	This resource from DREDF presents the perspectives of persons with disabilities and describes the barriers to care they experience.
Healthcare Training for Persons with Physical and Sensory Disabilities	Training Module	This resource from the University of Florida Office on Disability and Health discusses the health and health care issues for individuals who have mobility and sensory disabilities.
4.2. Physical and Equipment		
The Lived Experience of Disability	Webinar	This resource from RIC describes the barriers experienced by persons with disabilities when accessing health care and the differences between standard health care delivery and person-centered disability-competent care.
Mobility and Seating Assessments and Equipment Procurement	Webinar	This resource from RIC includes a facilitated discussion around the process of assessing mobility needs and understanding the prevention of secondary conditions as a primary goal of mobility equipment assessments.
Using and Maintaining Mobility Equipment	Webinar	This resource from RIC communicates the importance of mobility training and the benefits of wheelchair maintenance.
Meeting the Transportation Needs of Enrolled Participants	Webinar	This resource from RIC communicates the importance of community participation and presents the range of transportation options for individuals with functional limitations.
Providing Home Modifications	Webinar	This resource from RIC describes the value of in-home functional assessments and the components of the home modification assessment process.
U.S. Department of Housing and Urban Development: Reasonable Accommodations and Modifications	Webpage	This resource from the U.S. Department of Housing and Urban Development provides information and resources on reasonable accommodations and modifications for persons with disabilities.

Resource Title	Resource Type	Description
U.S. Department of Justice: Access to Medical Care for Individuals with Mobility Disabilities	Webpage	This resource from the U.S. Department of Justice Civil Rights Division provides an overview of and the general requirements for medical care access among individuals with mobility disabilities.
U.S. Access Board: Medical Diagnostic Equipment Accessibility Standards	Webpage	This resource from the U.S. Access Board presents the accessibility standards for medical diagnostic equipment.
U.S. Access Board: Prescription Drug Container Labels	Webpage	This resource from the U.S. Access Board provides guidance for the accessibility standards on prescription drug container labels.
Aging in Place: Growing Older at Home	Webpage	This resource from the National Institute on Aging provides information about how to plan for or support older adults interested in aging in place, while addressing common concerns and providing additional resources.
Checklist for Readily Achievable Barrier Removal	Handout	This resource from the Adaptive Environments Center identifies accessibility issues and solutions in existing facilities in order to meet obligations under the Americans with Disabilities Act.
Improving Accessibility with Limited Resources	Brief	This resource from the Center for Disabilities Issues and the Health Professions provides common accessibility challenges in health facilities and provides guidance on how to improve accessibility.
North Carolina Office on Disability and Health: Removing Barriers to Health Care: A Guide for Health Professionals	Guidebook	This resource from the Frank Porter Graham Child Development Institute at the University of North Carolina at Chapel Hill walks health care providers through the process of making a medical facility physically accessible.
4.3. Communication - Language		
The Lived Experience of Disability	Webinar	This resource from RIC describes the barriers experienced by persons with disabilities when accessing health care and the differences between standard health care delivery and person-centered DCC.
Disability Etiquette	Webpage	This resource from Pitt Community College provides guidance on interacting with persons with disabilities.
Communicating with people who use augmentative and alternative communication (AAC)	Tip Sheet	This resource from the Victoria State Government provides guidance on how to communicate effectively and politely with individuals who use AAC.
4.4. Programmatic and Procedural		
Defining Programmatic Access to Healthcare for People with Disabilities	Website	This resource from DREDF explains components of programmatic access for persons with disabilities.

Resource Title	Resource Type	Description
4.5. Financial Challenges		
Benefits for People with Disabilities	Webpage	This resource from the Social Security Administration describes Social Security Disability Insurance and Supplemental Security Income.
Applied Self-Direction: Self-Direction Toolkit	Web-Based Toolkit	This toolkit from Applied Self-Direction contains videos that provide an introduction to self-directed services and the benefits of self-direction.
4.6. Assessing and Communication Provider Access		
Approaches To Creating A Disability-Competent Primary Care Network	Webinar	This resource from RIC communicates the importance of redesigning primary care delivery to serve adults with disabilities and of including highly responsive primary care as part of an interdisciplinary care team.

Topic 5: Understanding and providing care coordination

Resource Title	Resource Type	Description
The Care Coordination Relationship	Webinar	This resource from RIC describes the importance of establishing a relationship between each participant and the interdisciplinary care team.
Agency for Healthcare Research and Quality: Care Coordination	Webpage	This resource from the AHRQ provides an overview of care coordination and outlines various approaches for implementation.
5.1. Values: Person-Centered, Dignity of Risk, Self-Direction		
Dignity of Risk	Webinar	This resource from RIC includes a facilitated discussion around understanding and respecting the concept of dignity of risk. It provides guidance on how to engage a participant in a discussion while respecting their choice within the context of informed risk-taking.
Disability Rights Texas: Community Living Resources	Webpage	This resource from Disability Rights Texas provides handouts regarding advance directives, legally adequate consent, and supported decision-making agreements for individuals receiving home and community-based services.
5.2. Trust and Communication		
The Care Management Relationship	Webinar	This resource from RIC explores the importance of establishing a relationship between each participant and the interdisciplinary care team. Presenters discuss the application of person-centered care planning in care coordination and use a first-person story to demonstrate delivering disability-competent care through an interdisciplinary team.
5.3. Functional Necessity and Medical Necessity		
The Lived Experience of Disability	Webinar	This resource from RIC describes the barriers experienced by persons with disabilities when accessing health care and the differences between standard health care delivery and person-centered DCC.
Disability-Competent Care – What is it and Why is it Important?	Webinar	This resource from RIC introduces the DCC model and describes the independent living/person-centered approach.
Report to Congress on Medicaid and CHIP: Chapter 4: Functional Assessments for Long-Term Services and Supports	Report	This resource from the Medicaid and CHIP Payment and Access Commission provides information about the criteria, assessment process, and requirements for state Medicaid programs to determine an individual's functional eligibility for long-term services and supports.
Creating Better Systems of Care for Adults with Disabilities: Lessons for Policy and Practice	Webpage	This resource from The Commonwealth Fund provides examples of care programs for adults with disabilities that emphasize comprehensive care, including building trust with individuals and integrating long-term services and supports.

Resource Title	Resource Type	Description
5.4. Interdisciplinary Care Team		
The Care Coordination Relationship	Webinar	This resource from RIC describes the importance of establishing a relationship between each participant and the interdisciplinary care team.
Strategies to Stimulate and Support Participant Engagement	Webinar	This resource from RIC includes a discussion of the benefits of participant and advocate engagement. It also provides multiple strategies for participant engagement.
Disability-Competent Care Planning: The Individualized Plan of Care	Webinar	This resource from RIC explores the individualized care plan by introducing the interdisciplinary care team and the care planning process, applying the care planning process to adults with disabilities, and aligning care coordination resources with the unique needs of each participant.
Effective Interdisciplinary Team Meetings	Brief	This resource from RIC describes how to effectively prepare for and manage Interdisciplinary Team (IDT) meetings by providing guidelines for who to include in these meetings, tips for running productive IDT meetings, and how to best utilize IDT meeting templates.
Basics of Individualized Quality Care	Factsheet	This resource from the National Consumer Voice for Quality Long-Term Care relates to the experiences of individuals who reside in a nursing home. The resource outlines one resident's experience and outlines the development of an individualized care plan.
5.5. Assessment		
The Care Coordination Relationship	Webinar	This resource from RIC describes the importance of establishing a relationship between each participant and the interdisciplinary care team.
Disability-Competent Care Planning: The Individualized Plan of Care	Webinar	This resource from RIC explores the individualized care plan by introducing the interdisciplinary care team and the care planning process, applying the care planning process to adults with disabilities, and aligning care coordination resources with the unique needs of each participant.
Suggested Model for Transitional Care Planning	Webpage	This resource from the New York State Department of Health provides a framework for transitional care planning including screening and assessment guidance.
5.6. Individualized Plan of Care		
Disability-Competent Care Planning: The Individualized Plan of Care	Webinar	This resource from RIC explores the individualized care plan by introducing the interdisciplinary care team and the care planning process, applying the care planning process to adults with disabilities, and aligning care coordination resources with the unique needs of each participant.

Resource Title	Resource Type	Description
Basics of Individualized Quality Care	Factsheet	This resource from the National Consumer Voice for Quality Long-Term Care relates to the experiences of individuals who reside in a nursing home. The resource outlines one resident's experience and outlines the development of an individualized care plan.
A Provider's Guide for the Care of Women With Physical Disabilities and Chronic Health Conditions	Guide	This resource from the North Carolina Office on Disability and Health is designed for clinicians to aid in the delivery of care for women with physical disabilities and chronic health conditions. The guide reviews strategies for management as well as specialized approaches.
5.7. Participant Coaching		
The Care Coordination Relationship	Webinar	This resource from RIC describes the importance of establishing a relationship between each participant and the interdisciplinary care team.
Disability-Competent Care Planning: The Individualized Plan of Care	Webinar	This resource from RIC explores the individualized care plan by introducing the interdisciplinary care team and the care planning process, applying the care planning process to adults with disabilities, and aligning care coordination resources with the unique needs of each participant.
Strategies to Stimulate and Support Participant Engagement	Webinar	This resource from RIC discusses the benefits of participant and advocate engagement. The webinar also provides multiple strategies for participant engagement.
5.8. Transitions		
Managing Transitions	Webinar	This resource from RIC explores the transitional care model and focuses on the importance of managing transitions.
Suggested Model for Transitional Care Planning	Webpage	This resource from the New York State Department of Health provides a framework for transitional care planning including screening and assessment guidance.
5.9. Involving Formal and Informal Supports		
Flexible Long-Term Services and Supports	Webinar	This resource from RIC explores flexible long-term services and supports with an emphasis on care coordination, participant choice, and community participation.
Caregiver Action Network	Webpage	This resource from the Caregiver Action Network provides information and guidance on informal supports.
5.10. Adult and Child Protective Services		
Recognizing and Preventing Abuse	Webpage	This resource from the Special Needs Alliance provides an overview of abuse definitions and how to prevent abuse.

Resource Title	Resource Type	Description
Common Signs and Symptoms of Abuse, Neglect, and Exploitation	Webpage	This resource from the Agency for Persons with Disabilities identifies common signs and symptoms of abuse, neglect, and exploitation in adults with developmental disabilities.
Learning about Abuse	Webpage	This resource from the National Adult Protective Services Association defines and describes abuse impacting elderly and vulnerable adults. It also outlines the signs and risk factors for abuse, as well as provides information on reporting abuse.
End Abuse of People with Disabilities	Website	This resource from Activating Change provides an overview of the peer-led organization's efforts to end violence against individuals with disabilities and offers tools and trainings for this effort.

Topic 6: Understanding and providing long-term services and supports

Resource Title	Resource Type	Description
Flexible Long-Term Services and Supports	Webinar	This resource from RIC explores flexible long-term services and supports with an emphasis on care coordination, participant choice, and community participation.
Preparing to Support Long-Term Services and Supports Needs	Brief	This resource from RIC provides key considerations for understanding a state's long-term services and supports program priorities, assessing health plan members' long-term services and supports needs, and ensuring the delivery of person-centered supports.
6.1 Supporting Choice in Long-Term Services and Supports		
Flexible Long-Term Services and Supports	Webinar	This resource from RIC explores flexible long-term services and supports with an emphasis on care coordination, participant choice, and community participation.
Building a Disability-Competent Provider Network	Webinar	This resource from RIC explores a disability-competent provider network with an emphasis on supporting the participants' existing specialty relationships and promoting accessibility.
Building Partnerships Between Health Care (Plans & Providers) and Community-Based Organizations	Webinar	This resource from RIC assists in understanding cultural differences between the medical and community-based provider entities and highlights strategies to facilitate timely communication between care coordinators, medical providers, and long-term services and supports providers.
6.2. Utilizing Both Formal and Informal Supports		
Flexible Long-Term Services and Supports	Webinar	This resource from RIC explores flexible long-term services and supports with an emphasis on care coordination, participant choice, and community participation.
Building a Disability-Competent Provider Network	Webinar	This resource from RIC explores a disability-competent provider network with an emphasis on supporting the participants' existing specialty relationships and promoting accessibility.
Building Partnerships Between Health Care (Plans & Providers) and Community-Based Organizations	Webinar	This resource from RIC assists in understanding cultural differences between medical and community-based provider entities and highlights strategies to facilitate timely communication between care coordinators, medical providers, and long-term services and supports providers.
Online Training for Self-directed HCBS	Training	This training from CMS is designed for individuals who self-direct their home and community-based services, their family members, and others who provide support.
Self-Direction Toolkit	Toolkit	This resource from the Kansas University Center on Developmental Disabilities is a guide to assist individuals in self-direction. (Note: Includes some state-specific information.)

Resource Title	Resource Type	Description
6.3. Applying the concepts of Functional Necessity and Most Integrated Environment (Olmstead)		
Discrimination on the Basis of Disability	Webpage	This resource from the U.S. Department of Health and Human Services provides an overview of the federal protections from discrimination on the basis of having a disability.
6.4. Understanding and Accessing Resources		
Building a Disability-Competent Provider Network	Webinar	This resource from RIC explores a disability-competent provider network with an emphasis on supporting the participants' existing specialty relationships and promoting accessibility.
Applied Self-Direction: Self-Direction Toolkit	Web-Based Toolkit	This toolkit of videos from Applied Self-Direction provides an introduction to self-directed services and the benefits of self-direction.

Topic 7: Understanding and integrating behavioral health care

Resource Title	Resource Type	Description
Integrating Behavioral Health Competency Within Disability-Competent Teams	Webinar	This resource from RIC provides an understanding of the prevalence and importance of addressing participant behavioral health needs and discusses strategies to facilitate timely communication and collaboration between behavioral health providers and disability-competent care teams.
Substance Use Disorders in People with Physical and Sensory Disabilities	Brief	This resource from the Substance Abuse and Mental Health Services Administration (SAMHSA) discusses screening, treatment planning, and counseling for substance use disorders in individuals with physical and sensory disabilities.
Substance Use Disorder Treatment For People With Physical and Cognitive Disabilities	Guide	This resource from SAMHSA is a reference on substance use disorder and individuals with disabilities.
Health Care for Adults with Intellectual and Developmental Disabilities: Toolkit for Primary Care Providers	Web-Based Toolkit	This resource from DDPCI provides guidance to primary care providers serving individuals with intellectual and developmental disabilities.
Mental Health Conditions	Webpage	This resource from the National Alliance on Mental Illness provides descriptions of mental health conditions and options for treatment and support.
7.1 Mental Health		
Health Care for Adults with Intellectual and Developmental Disabilities: Toolkit for Primary Care Providers	Web-Based Toolkit	This resource from DDPCI provides guidance to primary care providers serving individuals with intellectual and developmental disabilities.
Etiquette: Interacting with People with Disabilities	Webpage and Video	This webpage from RespectAbility provides etiquette tips that can be used when interacting with individuals with cognitive, intellectual, or psychiatric disabilities.
Communicating with People with Disabilities	Handout	This resource from the NLN identifies general recommendations for communication with people with disabilities and additional information that may apply to individuals with specific disabilities.
7.2. Substance Use Disorder		
Vinland National Center: Client Stories	Webpage	This resource from the Vinland National Center explores the whole-person approach to treatment and highlights the road to and impact of recovery.
7.3 Behavioral Issues		
Integrating Behavioral Health Competency Within Disability-Competent Teams	Webinar	This resource from RIC provides an understanding of the prevalence and importance of addressing participant behavioral health needs and discusses strategies to facilitate timely communication and collaboration between behavioral health providers and interdisciplinary care teams.

Resource Title	Resource Type	Description
Health Care for Adults with Intellectual and Developmental Disabilities: Toolkit for Primary Care Providers	Web-Based Toolkit	This resource from DDPCI provides guidance to primary care providers serving individuals with intellectual and developmental disabilities.

The Medicare-Medicaid Coordination Office (MMCO) in the Centers for Medicare & Medicaid Services (CMS) seeks to help beneficiaries dually eligible for Medicare and Medicaid access seamless, high-quality health care that includes the full range of covered services in both programs. This resource compendium is intended to support health plans and providers in integrating and coordinating care for dually eligible beneficiaries. It does not convey current or anticipated health plan or provider requirements. For additional information, please go to www.resourcesforintegratedcare.com. The list of resources in this guide is not exhaustive. Please submit resources or feedback to RIC@lewin.com.