

March 25, 2014

# ***Disability-Competent Care Webinar Roundtable Series: Training in Disability- Competent Care and Supports***

## **Providing Home Modifications**



March 25<sup>th</sup>, 2014

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Training in Disability-Competent Care and Supports**

## Providing Home Modifications



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## Overview

- This is the sixth session of an eight-part “Disability-Competent Care Webinar Roundtable Series”
- Each session will be interactive (e.g., polls and interactive chat functions), with 20 minutes of presenter-led discussion, followed by 40 minutes of presenter and participant discussions
- Video replay and slide presentation are available after each session at:

**<http://www.ResourcesForIntegratedCare.com/>**

# Disability-Competent Care Webinar Roundtable Series

## What We Will Explore in This Series

- Unique experiences of adults with disabilities and their needs and expectations
- Provision of specific components of Disability-Competent Care and supports
- Approaches to being person-centered in care and interactions
- Achieving the Triple Aim goals of improving the health and participant experience of health care delivery while controlling costs in their work with adults with disabilities

## Agenda

- Identify the process for home modification
- Review components of accessibility, functionality, and funding
- Discuss participant involvement, choices and individual needs to be addressed
- Audience questions

## Learning Objectives

- Understand the scope of home modifications commonly funded by home and community-based waivers
- Understand the value of in-home functional assessments
- Understand components of the home modification assessment process

## Why Home Modifications Are Important

- Home modifications give adults with functional limitations the ability to live in the least restrictive setting of their choice
- Modifications can maintain health by removing functional barriers within the home setting
- Modifications support self-reliance thereby minimizing the need to receive assistance from others
- Home modifications can ease caregiver support

*Modifications vary from basic reorganization of a space, and the addition of grab-bars or straps, to ramps and doorways, to whole bathroom and kitchen updates*

# Introductions

## ***Moderator***

Christopher Duff  
Disability Policy & Practice  
Consultant



## ***Presenters***

Brian McCarthy  
Certified Aging-in-Place Specialist  
McCarthy Builders & Remodelers



Mary Larson  
Occupational Therapist & Certified Brain  
Injury Specialist  
Bradbury & Larson Disability Consultants



# Home Modification Process

Six steps in the home modification process:

1. Identify the need
2. Refer for assessment
  - Rehabilitation professionals (OT, PT)
  - Residential design specialists
3. Conduct assessment
4. Modification recommendations and plan
5. Implementing the recommendations
  - Negotiation between participant, assessor, contractor, and payer
6. Orientation of user to modifications



## Step 1: Identifying the Need

### When:

- Upon decline in functional status
- Relocation
- Change in adaptive equipment
- Caregivers are increasingly challenged

### Why:

- Safety
- Maximize function of individual
- Improve ease of assistance for caregivers
- Identify realistic physical modifications and costs

## Step 2: Referral for Assessment

- Identifying primary, secondary, and long-term goals of the assessment
  - Example of primary goals: access to living unit, meal preparation, sitting position, and reduce risk of falls
  - Example of secondary goals: assess ability to modify bath for wheel-in shower, and improve wheelchair mobility within living setting
  - Example of long-term goals: assessment of modifying setting for a power wheelchair and practicality for significantly reduced function

## Step 2: Referral for Assessment

- Identify type of knowledge needed for assessment
  - Functional knowledge: rehabilitation professional, OT or PT
  - Design and structural knowledge: designer or contractor
  
- Referrals:
  - Generally made by a care manager or healthcare provider
  - Self-referral or family members

## Step 3: Conducting Assessment

### A. Gather background information

- Identify purpose and goals
- Identify key challenges
- Specify the scope of the assessment
- Identify funding source for modifications

## Step 3: Conducting Assessment

### B. Meet the participant

- Understand what's important to them: needs and priorities
- Understand their physical limitations and functional abilities
- Understand the variability of their functional needs (bad days, progression of disability)
- Understand their equipment needs

## Step 3: Conducting Assessment

### C. Analyzing the home (structure)

- Assess full living space
- Review functional needs: eating, toileting, bathing, rest and access / recess
- Most homes have low cost solutions
- Some homes just don't allow for improvements – may require a short-term plan until long-term plans can be implemented

## Step 4: Modification Recommendations and Plans

### A. Seek input of all involved parties:

- Clients and family members
- Client caregivers
- Care managers
- Funding sources

### B. Negotiate scope, pricing and timeline

- Funding may be from multiple sources
- Projects may be done in stages

## Step 5: Implementing the Modification Recommendations

### A. Making it work

- A plan by all parties involved
- Understand this could be a process
- A portion this year – more next year – completion the following year

### B. Set expectations of the project

- Realistic time table
- Dust and noise
- Understand limitations of the outcome
- Realistic costs and funding available
- How to manage during construction



## Examples of Modifications

- A ramp to get into the house
- Enlarge doors for a wheelchair – manual or electric
- Bathrooms:
  - Handrails and grab bars
  - Faucet controls – lever versus a grab / twist
  - Higher toilet for ease of transfers
  - Remove tub and install shower with grab bars
  - Wheel-in shower
- Kitchens:
  - Accessing cupboards
  - Accessing / controlling water
  - Accessing counters – roll-under or pull-out boards
  - Accessing appliances – refrigerator, stove

## Step 6: Orientation of User to Modifications

- Don't assume client understands the completed project
- Walk through all modifications
- Refer client to rehabilitation specialist as needed

## Summary

- Modifications can – and do – make the difference between living in a home or an institution
- The recipient must be involved in every step of the process, and include expertise in design / construction and / or rehabilitation
- Modifications can range from grab-bars and reachers to ramps and roll-in showers
- Funding commonly comes from multiple sources (Medicaid LTSS, family, community organizations) – requiring planning, outreach, and flexibility and creativity

# Audience Questions and Discussion

## Send Us Your Feedback

Help us diversify our series content and address current Disability-Competent Care training needs – your input is essential!

Please contact us with your suggestions at

[RIC@Lewin.com](mailto:RIC@Lewin.com)

### **What We'd Like from You:**

- How best to target future Disability-Competent Care webinars to health care providers and plans involved in all levels of the health care delivery process
- Feedback on these topics as well as ideas for other topics to explore in webinars and additional resources related to Disability-Competent Care

## Thank You for Attending



- For more information contact:
  - Christopher Duff at [cduff@DPInstitute.org](mailto:cduff@DPInstitute.org)
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## Resources & References

### Modifying your Home for Independence

<http://www.promoteot.org/docs/HomeMod.pdf>

### Safe at Home Checklist

<http://rebuildingtogether.org/wp-content/uploads/2012/06/RT-Aging-in-Place-Safe-at-Home-Checklist.pdf>

### Home Safety Self-Assessment Tool

<http://agingresearch.buffalo.edu/hssat/hssat-screen-reader-version.docx>

### Home Safety Self-Assessment Tool Checklist

<http://agingresearch.buffalo.edu/hssat/assessment.pdf>

# Resources for Integrated Care Website

We encourage you to explore [www.ResourcesforIntegratedCare.com](http://www.ResourcesforIntegratedCare.com) for a wide array of resources related to integrating care for Medicare-Medicaid enrollees:

## Resources

- Assessment tools
- Concept guides
- Topic-specific briefs
- Educational webinars

## Topic Areas

- Disability-Competent Care
- Self-Management Support
- Integrating Primary Care in Behavioral Health
- Care Coordination Workforce Development
- Navigation Services

## Stakeholders

- State Medicaid Agencies
- Health Plans
- Long-Term Services and Supports Providers
- Behavioral Health Providers

## Individuals with...

- Intellectual and developmental disabilities
- Physical disabilities
- Serious mental illness

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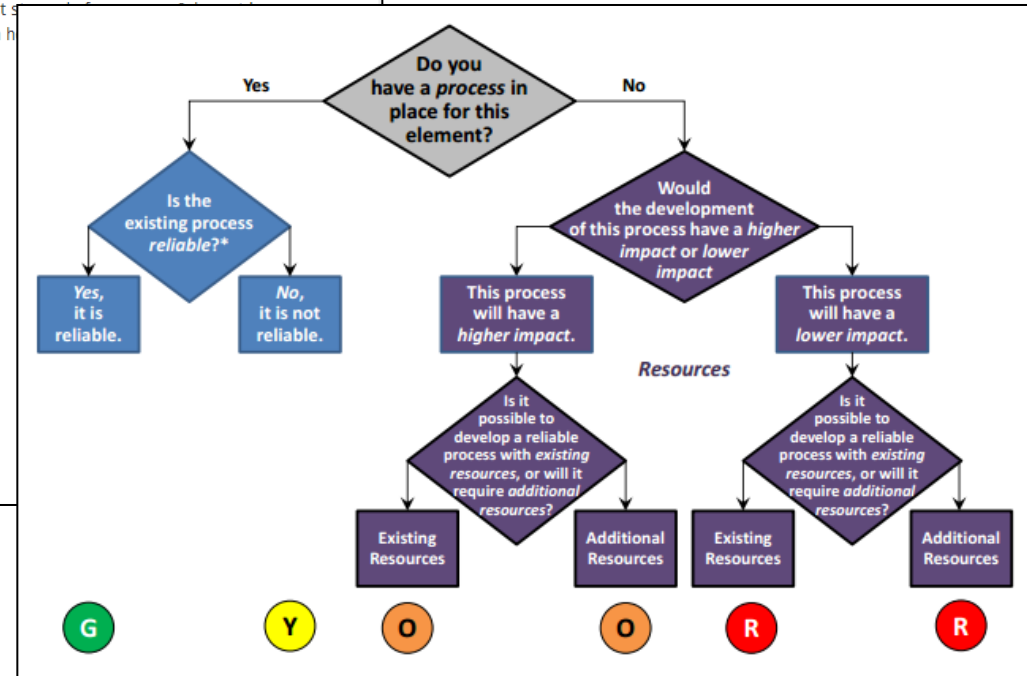
# Disability-Competent Care Self-Assessment Tool

Introduction	1. Relational-Based Care Management	2. Highly Responsive Primary Care	3. Comprehensive Long-Term Services and Supports	Appendix A	Results	Forum
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## 1. Relational-Based Care Management

Participant-centered care is based on the recognition that the participant is not merely a passive recipient of medical care, but rather the primary source for defining care goals and needs. This type of care requires cultivating a relationship with the participant, seeing him or her as a whole person with hopes and preferences, and recognizing that the participant is oftentimes the best person to make choices about their care. Participant-centered planning of care goals and needs is also the concept of the dignity of risk, which holds that participants have the right to make choices even if they are inconsistent with the recommendation of the IDT.

- ▶ 1.1. Participant-Centered Practice
- ▶ 1.2. Eliminating Medical and Institutional Bias
- ▶ 1.3. Interdisciplinary Team
- ▶ 1.4. Assessment
- ▶ 1.5. Individualized Plan of Care
- ▶ 1.6. Individualized Plan of Care Oversight and Coordination
- ▶ 1.7. Transitions
- ▶ 1.8. Tailoring Services and Supports
- ▶ 1.9. Advance Directives
- ▶ 1.10. Allocation of Care Management and Services



Disability-Competent Care Self-Assessment Tool available online at:  
<http://www.ResourcesForIntegratedCare.com/>

## Next Webinar

Disability-Competent Care Webinar Roundtable Series:  
Training in Disability-Competent Care and Supports

Building Partnerships between Health Care (Plans & Providers)  
and Community-based Organizations

Tuesday April 1<sup>st</sup>, 2014  
2:00-3:00PM EST