

DISABILITY-COMPETENT CARE (DCC) SUPPORTING PARTICIPANTS WITH COMPLEX BEHAVIOR NEEDS: RESOURCE GUIDE

This is a supplemental resource guide to the webinar hosted on March 14, 2018, **Supporting Participants with Complex Behavior Needs**. This guide is intended for providers and health plans who are interested in enhancing their capacity to integrate care for adults with disabilities. The webinar recording, slides, and transcript can be found on the Resources for Integrated Care website: https://www.resourcesforintegratedcare.com/DisabilityCompetentCare/2018_DCC_Webinar_Series/Behavioral_Health.

GENERAL RESOURCES FOR PROVIDERS

Self-management support resources are available for download from the Resources for Integrated Care website.

- **Self-Management Support First Person Stories** feature success stories of individuals who have used self-management techniques to effectively manage their behavioral health and substance use conditions. These success stories are also available in Spanish.
- **What to Expect When You're Self-Managing** handout supports conversations with participants on the self-management of chronic conditions. This resource is also available in Spanish.
- **SMS Organizational Assessment Tool** helps administrators, providers, or other service delivery staff in organizations serving individuals with serious mental illness or substance use conditions assess the capacity for implementing self-management services.

 <https://www.resourcesforintegratedcare.com/concepts/self-management-support>

Resources for Integrated Care has also developed a **Care Transition Toolkit for Persons with Mental Health and Co-Occurring Conditions**. This resource aims to guide individuals with mental health conditions – as well as those who support them – before, during, and after changing care locations or providers. A Spanish version of the toolkit is also available for download.

 https://resourcesforintegratedcare.com/behavioral_health/care_coordination/tool/overview

The **Substance Abuse and Mental Health Services Administration (SAMHSA)** provides an overview of the most common mental and substance use disorders and how SAMHSA works to reduce their impact on America's communities.

 <https://www.samhsa.gov/disorders>

SAMHSA released an **updated working definition of recovery** in 2012. The revisions came from continued dialogue with stakeholders within the field to refine the definition and principles that were released in 2011.

<https://blog.samhsa.gov/2012/03/23/defintion-of-recovery-updated/#.Wqff1K6nFph>

SAMHSA offers an **Integrated Treatment for Co-Occurring Disorders Evidence-Based Practices (EBP) Kit**. The free toolkit provides practice principles for integrated treatment for mental illness, substance use disorders, or both, and offers advice from successful programs.

<https://store.samhsa.gov/product/Integrated-Treatment-for-Co-Occurring-Disorders-Evidence-Based-Practices-EBP-KIT/SMA08-4367>

SAMHSA offers an **Assertive Community Treatment (ACT) Evidence-Based Practices Kit**. The free toolkit provides tools to implement the evidence-based practice of Assertive Community Treatment (ACT). ACT offers customized, community-based services for people living with mental illness.

<https://store.samhsa.gov/product/Assertive-Community-Treatment-ACT-Evidence-Based-Practices-EBP-KIT/SMA08-4345>

ISSUE BRIEFS AND REPORTS

SAMHSA developed **The CBHSQ Report: Behavioral Health Conditions and Health Care Expenditures of Adults Aged 18 to 64 Dually Eligible for Medicaid and Medicare**. The report focuses on dual eligible adults younger than 65 and the prevalence of behavioral health conditions.

<https://www.samhsa.gov/data/sites/default/files/SR180/sr180-dual-eligibles-2014.pdf>

SAMHSA developed a brief report on Substance Use Disorders in People with Physical and Sensory Disabilities. The brief is designed to help people who work with people with physical and sensory disabilities—hearing loss, deafness, blindness, and low vision—to better understand SUDs and assist their clients in finding accessible SUD treatment services.

<https://store.samhsa.gov/shin/content/SMA11-4648/SMA11-4648.pdf>

The SCAN Foundation produced a brief on **Medicare Beneficiaries with Several Mental Illness and Hospitalization Rates**. The analysis used 2010 Medicare claims data to identify seniors with severe mental illness (SMI) and the associated higher rates of inpatient hospital use.

http://www.thescanfoundation.org/sites/default/files/1pgdatabrief_no36_medicare_beneficiaries_wi_th_severe_mental_illness_and_hospitalization_rates.pdf

The National Alliance on Mental Illness (NAMI) published a report on **Engagement: A New Standard for Mental Health Care** in 2016. The report explores the how the quality of relationships and interactions affect outcomes for people with mental illness through better understanding of the process of engagement in mental health care.

https://www.nami.org/About-NAMI/Publications-Reports/Public-Policy-Reports/Engagement-A-New-Standard-for-Mental-Health-Care/NAMI_Engagement_Web.pdf

The World Health Organization published a **Mental Health Information Sheet**. The resource addressed key fact, an overview, and key actions regarding premature death in people with severe mental disorders.

http://www.who.int/mental_health/management/info_sheet.pdf

The Integrated Care Resource Center published **Alternative to Inpatient Psychiatric Services for Medicare-Medicaid Enrollees: A Case Study of Commonwealth Care Alliance** in May 2016. The case study addresses how enhanced CSUs may have contributed to decreased Inpatient Psychiatric Facility stays and offers suggestions for how other states can learn from the Commonwealth Care Alliance success.

[http://www.integratedcareresourcecenter.com/PDFs/ICRC_CCA_Case_Study%20\(002\).pdf](http://www.integratedcareresourcecenter.com/PDFs/ICRC_CCA_Case_Study%20(002).pdf)

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The Medicare-Medicaid Coordination Office (MMCO) in the Centers for Medicare & Medicaid Services (CMS) seeks to help beneficiaries dually eligible for Medicare and Medicaid have access to seamless, high-quality health care that includes the full range of covered services in both programs. This resource guide is intended to support health plans and providers in integrating and coordinating care for dually eligible beneficiaries. It does not convey current or anticipated health plan or provider requirements. For additional information, please go to <https://www.resourcesforintegratedcare.com/>.