

## **PAIN IN PEOPLE WITH DEVELOPMENTAL DISABILITIES**

### **Module 1: The Mechanics of Pain**

Participants in this program will

1. Become familiar with the body structures and functions involved in pain sensations.
2. Be able to enumerate the individual variables involved in pain such as sensitivity and resilience.
3. Identify how medications sensitize people with DD to pain in withdrawal and medication change scenarios.
4. Explain how understanding the mechanism of pain contributes to promoting better outcomes.
5. Systematically compare and contrast the varieties of chronic pain syndromes.
6. Incorporate this knowledge into planning and promoting successful outcomes.

### **Module 2: Assessment of Pain**

Participants in this program will

1. Be able to provide three examples of pain assessment tools.
2. Differentiate among the types of pain assessment sources you will use with people who have developmental disabilities (such as proxy reports, verbal indicators, vocal indicators).
3. Be able to identify syndrome-specific indicators of pain.
4. Incorporate staff attitudes about pain complaints and/or evidence of pain into producing support for optimal outcomes.
5. Be able to explain how the skills discussed in Part II will be effectively documented in the medical record.

### **Module 3: Pain Management**

Participants in this program will be able to

1. Provide four examples of pain management interventions.
2. Identify two ways in which pain sensations can be managed with this population.
3. Compare and contrast the interventions and their rationales for pain management with those who have developmental disabilities.
4. Generate strategies for pain management with co-existing developmental disabilities and psychiatric symptoms
5. Be able to explain how the skills discussed in Part III will be effectively documented in the medical record.