

Checklist of Causes Producing Changes in Older ID/DD Adults

A Supplemental Document to Session 6 in Webinar Series

Quick Checklist of Behavior Changes

This check list is to be used to document observed changes that have occurred and their possible causes.

- argumentative
- balance problems
- behavior problems that start to occur
- cannot sleep
- confusion, disorientation
- constipation
- coordination problems
- dizziness
- cannot sit still
- loss of interest
- reduce activity levels
- short term memory loss – cannot remember simple orders or conversation
- tired, sleepy
- unresponsive
- urinary incontinence

Possible causes of many of the above behavior changes that need to be examined to rule out misdiagnosis of Alzheimer's disease or other disorders

- Acute Dementia - Possible causes of acute dementia that result in many of the behavioral changes listed above mimicking Alzheimer's disease
 - Dehydration
 - Diabetes 2
 - Medication
 - Nutrition (vitamin B 12)
 - Poor nutrition
 - Reduced attention span
 - Slowing of thyroid
 - Vision/ hearing impairment
- BPH – enlarged prostate that reduces ability to urinate (males)
- Medications
- Menopause
- Menstrual

- Pain due to arthritis or other diseases or disorders
- Urinary tract infection (especially in females)

*Red indicates high level of risk