



Supporting the Preventive Health Care Needs of Dually Eligible Women with Disability



This is a supplemental resource guide to the webinar hosted on May 12, 2021, **Supporting the Preventive Health Care Needs of Dually Eligible Women with Disability**. The accompanying webinar recording, slides, and transcript can be found on the Resources for Integrated Care website [here](#).

This resource guide is intended for providers, care managers, care coordinators, and other clinical staff at health plans and provider organizations who are interested in better meeting the preventive health care needs of dually eligible women with disability. Resources include relevant information hubs, toolkits and guides, webinars and educational videos, fact and data sheets, journal articles on the preventive health care needs of women with disability, and several resources related to COVID-19 and women with disability.

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i INFORMATION HUBS

[American Association on Health and Disability – Women’s Health Page](#)

The American Association on Health and Disability (AAHD), in partnership with the Susan G. Komen Foundation, provides public materials and resources to educate healthcare providers about the barriers and challenges women with disability face when seeking breast health services. The website includes a wealth of trainings, curricula, resources, and tools for providers and healthcare

organizations to meet the breast health and safety needs of women with disability, including fact sheets, tip cards, and a podcast.

[Baylor College of Medicine – Center for Research on Women with Disabilities \(CROWD\)](#)

The mission of the Center for Research on Women with Disabilities (CROWD) is to promote, develop, and disseminate information to improve the health and expand the life choices of women with disability. The CROWD website contains useful resources on an array of health-related topics for women with disability, such as access to services, breast health, reproductive health, and violence detection and prevention. Resources include CROWD publications, tips for women with disability, and guidelines for providers, including:

- The [Pelvic Health Webinar Series](#) is a four-part series designed to help women with mobility impairments achieve and maintain their highest level of pelvic health. The webinars share information compiled from scientific literature, clinical practice, and resources provided by women with mobility impairments.

[Centers for Disease Control and Prevention- Disability and Health Information for Women with Disabilities](#)

The Centers for Disease Control and Prevention (CDC) hosts a website dedicated to providing health information to women with disability, including resources and tools on access to [breast](#) and [cervical cancer](#) screenings, information about [intimate partner violence](#), and links to other informative sites.

[U.S. Department of Health and Human Services Office of Women’s Health – Violence against Women with Disabilities](#)

The U.S. Department of Health and Human Services (HHS) Office of Women’s Health provides information and resources for women with disability who may be experiencing abuse, including signs on how to recognize abuse and subsequent actions to take.

TOOLKITS AND GUIDES

[A Handbook for Healthcare Providers to Address Violence Against Women with Disabilities](#)

The New Jersey Department of Human Services Division of Disability Services developed this handbook for providers to address violence against women with disability. The resource includes an overview of abuse, risk factors for abuse among women with disability, and tips for how to assess for abuse of women with disability. The handbook also provides suggestions for how to communicate with women with disability in a person-centered manner and offers communication tips based on disability type.

[A Provider's Guide for the Care of Women with Physical Disabilities and Chronic Health Conditions](#)

The North Carolina Office on Disability and Health, in collaboration with Villanova University College of Nursing, produced this informative guide for clinicians to improve their knowledge and provision of care to women with physical disability and chronic health conditions. The guide reviews strategies for removing common barriers to accessing general medical care; it also provides specialized approaches to topics including aging, health promotion, and comprehensive reproductive health care, as well as clinical services such as pelvic exams and cancer screenings.

[Breast Health Toolkit for Women with Disabilities](#)

The American Association on Health and Disability (AAHD) developed a toolkit to inform women with disability and the providers that serve them about the importance of breast health and screenings. The toolkit offers resources to understand the importance of breast cancer screening, risk factors, treatment, health disparities, and survivorship, as well as tools, tips, and insights to be used by women with disability and providers in screening preparation for women with disability.

[Christopher and Dana Reeve Foundation - Resource Guide for Women with Disability](#)

This resource guide, developed by the Christopher and Dana Reeve Foundation, offers disability-specific information and resources, including websites, videos, and online communities, to assist and support women with disability. The Christopher and Dana Reeve Foundation is an organization dedicated to finding treatments and cures for paralysis caused by spinal cord injury and other neurological disorders. Their main website also features a function allowing individuals to search for local resources in their area.

[Toolbox: Improving the Receipt of Clinical Preventive Services among Women with Disabilities](#)

The Association of Maternal and Child Health Programs developed a toolbox for maternal and child health programs that target women with disability and special health care needs. The toolbox features resources and links to existing tools to increase knowledge and use of recommended clinical preventive services; identify service gaps and monitor progress; create or map accessible facilities and transportation; and empower clinicians and women with disability to improve health care interactions.

WEBINARS AND EDUCATIONAL VIDEOS

[Breast Health and Women with Disability](#)

The American Association on Health and Disability (AAHD) hosted the Spinal Cord Injury Interdisciplinary Special Interest Group (SCI ISIG) Women's Health Task Force Meeting with speaker Roberta Carlin, MS, JD, Executive Director of AAHD. In her presentation, Ms. Carlin provides an

overview of the health disparities women with disability face, particularly in breast health, and describes AAHD's projects on improving accessibility to mammograms.

[Lurie Institute for Disability Policy - Women Be Healthy Pap Tests Video](#)

The Lurie Institute for Disability Policy at Brandeis University's Heller School leads research that helps shape policies, programs, and practices that improve the lives of people with disabilities across the lifespan. This educational video provides women with disability information and best practices for preparing for pap smear exams.

[Women's Health Initiative – Cerebral Palsy Foundation](#)

The Cerebral Palsy Foundation created its Women's Health Initiative to help women with disability find adequate basic healthcare. Its website hosts a number of resources for women with disability and the providers serving them, including a [training course](#) on optimizing mammography services for women with disability.

FACT/DATA SHEETS

[American Psychological Association – Abuse of Women with Disabilities](#)

The American Psychological Association (APA) Women's Programs Office developed a brochure that offers resources and facts regarding the abuse of women with disability. The brochure includes information on types of abuse, how women can help themselves find support, safety planning, organizations that can connect women to local resources, and links to additional resources.

[ASTHO Fact Sheet: Access to Healthcare Services for Women with Disabilities](#)

This fact sheet provides an overview of the public health issue of access to preventive healthcare services for women with disability and some of the major barriers that women with disability face when accessing preventive healthcare. It also provides solutions that state public health agencies can consider to eliminate these barriers.

[Oregon Health & Science University in association with the CDC: Women with Disabilities and Breast Cancer Screening](#)

This fact sheet provides information on mammography trends among women with disability, as well as resources to increase access to screenings. It also highlights strategies used by various state health departments to reduce disparities in mammography use among women with disability.

[Susan G. Komen Foundation – Women with Disabilities](#)

This fact sheet provides tips and information for women with disability to address the barriers and challenges they face in safely obtaining mammography services.

JOURNAL ARTICLES

[A Perinatal Health Framework for Women with Physical Disabilities](#)

In this article, Monika Mitra, PhD, Linda M. Long-Bellil, PhD, JD, Suzanne C. Smeltzer, EdD, RN, FAAN, and Lisa I. Iezzoni, MD, MSc propose a new framework to examine the perinatal health and health care disparities among women with physical disability. The framework uses a life span perspective to directly address the multiple determinants of perinatal health specific to women with physical disability.

[Barriers in Access to Healthcare for Women with Disabilities: A Systematic Review in Qualitative Studies](#)

This systematic review, published by Behzad K. Matin, Heather J. Williamson, Ali K. Karyani, Satar Rezaei, Moslem Soofi, and Shahin Soltani, reviews barriers in access to healthcare services for women with disabilities internationally. The review included 24 articles and revealed that women with disability face different sociocultural, financial, and structural factors which impact their access to healthcare.

[Health Needs of Women With Disabilities Across the Lifespan](#)

This article, written by Karen Piotrowski, MSN, RNC, and Linda Snell, DNS, WHNP-C, outlines barriers to health promotion and disease prevention, as well as the variety of unique health needs of women with disability over their lifespan, from adolescence to older age. The authors also recommend approaches nurses and other clinicians can undertake to improve access and health care for women with disability.

[Physical Access Barriers to Care for Diagnosis and Treatment of Breast Cancer Among Women with Mobility Impairments](#)

This study, written by Lisa I. Iezzoni, MD, MSc, Kerry Kilbridge, MD, and Elyse R. Park, PhD, MPH, details the barriers women with mobility impairment face in accessing health care equipment and facilities for the diagnosis and treatment of breast cancer. The qualitative analysis of interviews with 20 women revealed the numerous challenges in receiving accessible care and offers providers potential solutions for each.

[Perinatal Care for Women With Disabilities: Clinical Considerations](#)

In this article, Lorraine Byrnes, PhD, FNP-BC, and Mary Hickey, EdD, WHNP discuss key perinatal health considerations for providers serving women with disability. The study describes the perinatal experience of women with physical, sensory, and neurological disabilities and how health care providers can deliver competent care to them, as well as recommendations for further education and research.

[Provision of Reproductive Healthcare to Women with Disabilities: A Survey of Obstetrician–Gynecologists’ Training, Practices, and Perceived Barriers](#)

This study, published by Laura H. Taouk, Michael F. Fialkow, MD, MPH, and Jay A. Schulkin, PhD, describes current awareness, attitudes, and training among providers regarding the care of women with disability and explores barriers that may explain observed discrepancies in care. The authors surveyed 1,000 obstetrician-gynecologists and found that many providers lack adequate training and resources to provide equal care to women with disability.

[Using Population-Based Data to Examine Preventive Services by Disability Type Among Dually Eligible \(Medicare/Medicaid\) Adults](#)

This study, published by Amanda Reichard, Ph.D. and Michael H. Fox, Sc.D., explores preventive service use among the dually eligible population. Researchers investigated associations between socio-demographic factors, including disability type, and preventive service use, to measure how cognitive limitations and physical disability impact the receipt of preventive services. The authors suggest that efforts to understand and address the unique challenges faced by women with physical disability in accessing services such as Pap tests or mammograms may improve the overall health status for the population of women with disability, as well as the overall population of dually eligible individuals.

COVID-19 Resources

[Access Living – COVID-19 Resources for the Disability Community](#)

Access Living, the Center for Independent Living that serves the City of Chicago, developed and continues to update a list of COVID-19 resources for the disability community. Resources cover a wide range of areas, including COVID-19 vaccination, accessible technology, communications access assistance, COVID-19 preparedness, city and state updates, and disability health information, among other topics.

[Baylor College of Medicine – Center for Research on Women with Disabilities \(CROWD\) – COVID-19 and Disabilities](#)

CROWD compiled links to reputable information specifically for people with disability about how they can protect their health during the COVID-19 pandemic. Resources cover a broad range of topics related to COVID-19 compiled from a number of different organizations.

[Centers for Disease Control and Prevention – People with Disability](#)

This CDC webpage offers information on COVID-19 and the increased risk among people with disabilities. It provides general information about COVID-19 and shares strategies for protection, preparation, and prevention for individuals with disability. It also includes links to a comprehensive [resource list](#) and related CDC webpages.

[U.S Department of Health and Human Services \(HHS\) – COVID-19 Vaccine Guidance and Resources for People with Disability](#)

HHS published legal guidance and resources to ensure and expand access to COVID-19 vaccines for people with disability. This webpage includes links to [guidance](#) from the Office for Civil Rights (OCR), a [guidance fact sheet](#) from OCR, [strategies and best practices](#) from the Administration for Community Living (ACL), and an [issue brief](#) on potential barriers to accessing the COVID-19 vaccine for homebound older adults from the Office of the Assistant Secretary for Planning and Evaluation (ASPE).

[Women with Disabilities in a Pandemic \(COVID-19\)](#)

This brief, published by UN Women, discusses the unique challenges the COVID-19 public health emergency raises for women and girls with disability. It offers an international lens on the many barriers this population faces and provides actions to address the heightened needs of this population due to COVID-19.

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The list of resources in this guide is not exhaustive. Please submit resources or feedback to RIC@lewin.com. The Medicare-Medicaid Coordination Office (MMCO) in the Centers for Medicare & Medicaid Services (CMS) seeks to help beneficiaries dually eligible for Medicare and Medicaid have access to seamless, high-quality health care that includes the full range of covered services in both programs. This resource guide is intended to support health plans and providers in integrating and coordinating care for dually eligible beneficiaries. It does not convey current or anticipated health plan or provider requirements. For additional information, please go to <https://www.resourcesforintegratedcare.com>.