SAFE AND EFFECTIVE USE OF MEDICATIONS IN OLDER ADULTS: RESOURCE GUIDE

This is a supplemental resource guide to the 2018 Geriatric-Competent Care webinar, *Safe and Effective Use of Medications in Older Adults* held on April 18, 2018. This guide is intended for providers and health plans who are interested in enhancing their capacity to support safe and effective use of medications in older adults. The webinar recording, slides, and transcript can be found on the Resources for Integrated Care website: https://resourcesforintegratedcare.com/GeriatricCompetentCare/2018_GCC_Webinar_Series/Medications.

GENERAL RESOURCES

Deprescribing Guidelines is a website that shares and exchanges information about deprescribing approaches and research with the public, health care providers, and researchers.

🖱 **https://deprescribing.org/**

The American Geriatrics society hosts an online resource center - **Public Education Resources for Patients & Caregivers -** that includes resources for health care professionals incorporating the latest research on caring for older adults. There are numerous free tools and products available.

🖱 **https://geriatricscareonline.org/**

The **2015 Beers Criteria Pocket Resource**, available from the American Geriatrics Society, assists healthcare providers to improve medication safety for older adults. The resource informs clinical decision-making about prescribing medications for older adults with the goal of improving safety and quality of care.

🖱 **https://geriatricscareonline.org/ProductAbstract/beers-criteria-pocketcard/PC001**

The **American Geriatrics Society's Health in Aging Foundation** has a website geared to consumers and caregivers, and includes free resources to help consumers manage medications. These resources include a *Medications Older Adults Should Avoid* tip sheet and a *My Medication Diary* template.

🖱 **http://www.healthinaging.org/medications-older-adults/**

The **All About Me** tool utilizes a person-centered approach that promotes function and satisfaction among care recipients. The tool, available online, enables providers to gather information about an individual in one place and displays that information when an individual is in a hospital or long-term care setting. This information helps providers personalize care and can be easily adapted to fit the care needs of the individual.

🖰 https://www.healio.com/nursing/journals/jgn/2013-9-39-9/%7ba9879ee1-2c4c-4a32-8582-34ca5066ef70%7d/do-you-know-your-patient-knowing-individuals-with-dementia-combined-with-evidence-based-care-promotes-function-and-satisfaction-in-hospitalized-older-adults

The **STOPP/START Criteria for Potentially Inappropriate Prescribing in Older People Version 2** have been expanded and updated for the purpose of minimizing inappropriate prescribing in older adults. These criteria are based on an up-to-date literature review and consensus validation among a panel of experts.

🖰 https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4339726/

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