Geriatric-Competent Care - Delivering Dementia Capable Care Within Health Plans: Why and How?

Continuing Education (CE) Activity Information & Instructions
(Enduring Activity #: WE-E06192019-MMCO)

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Activity Information

Activity Description
Alzheimer’s disease, the most common type of dementia, affects an estimated 5.8 million Americans, is the sixth leading cause of death in the U.S., and is a leading cause of disability and poor health for older adults.[1] The emotional and physical burden of dementia is immense, not only for the individuals affected by it directly, but also for their families and caregivers. Furthermore, the cost of care for dementia is high for Medicare, Medicaid, and private payers. Individuals living with dementia have higher emergency department utilization and higher rates of 30-day readmissions than those without dementia.[2] Gaps in dementia care contribute to a reduced quality of life for individuals living with dementia and their caregivers.[3] Dementia capable care aims to close gaps in care by supporting individuals and their caregivers through the coordination of individualized and integrated medical and psychosocial care.[4] The dementia capable care model offers plans and providers an approach to address the complex and highly variable needs of individuals with dementia and their families.

This webinar presents information on ongoing work and achieved outcomes for two states participating in the Financial Alignment Initiative. State agencies, health plans, and community organizations in California and Texas collaborate within the framework of this demonstration to improve care while controlling costs for enrollees with dementia, which account for 25 percent of their participating beneficiaries. Presenters shared strategies and tools for the delivery of dementia capable care, as well as tips for leveraging resources within federal, state, and local environments to build more responsive systems of care delivery.

Please click below to access the recorded webinar:


Target Audience
This activity is designed for all health care professionals.

Learning Objectives
By the end of this activity, participants should be able to:

- Recognize how cognitive impairment and dementia affect the well-being of older adults and family caregivers
- Identify opportunities to reduce the high health care and societal costs of dementia
• Describe key features of dementia capable health systems and quality dementia care coordination
• Identify key approaches for health plan collaboration with patients, family caregivers, and community organizations

**Participation**
Register for the webinar, participate in the webinar, and access and complete the assessment and evaluation, per the *Instructions for Continuing Education Credit*, at the end of this document.

**Speaker Bios & Disclosures (alphabetical by last name)**
All planners and developers of this activity have signed a disclosure statement indicating any relevant financial interests. This activity was developed without commercial support.

Christopher M. Callahan, MD, presenter, is the Chief Research and Development Officer at Eskenazi Health, a Professor of Medicine at the Indiana University School of Medicine, and a Scientist in the Center for Aging Research at the Regenstrief Institute. Dr. Callahan is also a practicing physician with expertise in the care of older adults living with dementia, and an active researcher in the area of models of care to improve the outcomes of people living with dementia and their family caregivers.

Dr. Callahan earned a Doctor of Medicine degree from St. Louis University.

Dr. Callahan has nothing to disclose.

Debra L. Cherry, PhD, presenter, is a Clinical Psychologist and the Executive Vice President of Alzheimer’s Greater Los Angeles, a community-based non-profit dedicated to supporting people living with dementia and their caregivers. Throughout her career, Dr. Cherry's work has focused on improving access to dementia care for under-served ethnic communities and on improving dementia health care. She has published numerous articles on this work and is a contributing author to California's Guideline for Alzheimer's Disease Management, an evidence-based practice guideline for primary care providers. Dr. Cherry serves on the clinical faculty of the Neuropsychiatric Institute at the University of California, Los Angeles.

Dr. Cherry also serves on several advisory bodies, including the NAPA Advisory Council on Alzheimer's Research, Care, and Services and the State of California Alzheimer's Disease and Related Disorders (ADRD) Advisory Council. Her previous experience includes directing the Older Adult Counseling Program at Didi Hirsch Community Mental Health Center and consulting with community-based agencies about procedures for improving their dementia services. In addition, Dr. Cherry was a recipient of the Rosalynn Carter Leadership in Caregiving Award, granted to recognize an individual for leadership and innovation in caregiving.

Dr. Cherry earned a Doctor of Philosophy degree in Clinical Psychology degree from the University of Southern California.

Dr. Cherry has disclosed that she receives grant and research support from the Allergan Foundation and the Anthem Foundation.

Megan Dankmyer, MSG, presenter, is the Associate Vice President of Case Management at Molina Healthcare of California. She has worked in a variety of roles with managed care
organizations over the last 20 years. In the early part of her career, Ms. Dankmyer worked directly with members, conducting in-home assessments with older adults and their caregivers. For the last 10 years, she has worked in management roles at health plans that serve Medicare, Dually-Eligible, and Medicaid members. Ms. Dankmyer also has a background in long-term services and supports (LTSS), linking members to services that allow them to live in the setting of their choosing as long as possible.

Ms. Dankmyer earned a Master of Science in Gerontology degree in from the University of La Verne.

Ms. Dankmyer has nothing to disclose.

Angela George, MSPH, developer/planner, has been employed as a Senior Consultant with the Lewin Group, a healthcare and human services policy consulting firm, since July 2011. She has supported numerous contracts for Federal clients. Ms. George has supported the development of numerous webinars and technical assistance products as part of the Resources for Integrated Care Series. At Lewin, her work focuses on projects related to the dually-eligible population, behavioral health, and the diffusion of promising provider practices.

Ms. George earned a Mater of Science in Public Health degree, with an emphasis in Health Policy, from the Bloomberg School of Public Health at Johns Hopkins University.

Ms. George has nothing to disclose.

Caroline Loeser, BS, developer/planner, is a Research Consultant at the Lewin Group. Ms. Loeser brings expertise related to technical assistance, program support, and developing products for providers serving individuals with severe mental illness and substance abuse. At Lewin, Ms. Loeser supports several federal contracts with the Centers for Medicare & Medicaid Services (CMS). Her current work focuses on providing technical assistance and performing qualitative data analysis for the Health Care Innovation Awards Round Two (HCIA2). In addition, Ms. Loeser supports Lewin in engaging subject matter experts and key informants to shape products, resources, and tools for providers who serve Medicare-Medicaid enrollees.

Ms. Loeser earned a Bachelor of Science degree in Public Health and Tropical Medicine from Tulane University.

Ms. Loeser has nothing to disclose.

Katie Scott, MPH, presenter, is the Senior Director of Dementia and Caregiver Support Services of BakerRipley. In her eight years at the agency, Ms. Scott has served as the Director of the Dementia Day Center, Dementia Case Manager, and provided caregiver support services. She is responsible for developing interventions focused on the enhancing direct care worker training, reducing the stigma associated with Alzheimer’s disease, and reducing stress associated with caregiving for individuals with dementia. She served as the Project Director for the Houston Alliance to Address Dementia, Texas Takes on Dementia, and Dementia Connections, and three Administration on Community Living funded projects focused on improving the region’s capability to respond to and serve people with dementia and their caregivers.
Ms. Scott also serves as the Director for the BakerRipley Dementia Day Center, the first dementia-specific adult day center in Houston and serves as the Director for the Dementia Case Management and Caregiver Support Departments. Through this work, she develops quality programming incorporating national best practices into innovative interventions for families affected by dementia.

Before serving at BakerRipley, Ms. Scott worked as the Community Education and Outreach Manager for the Alzheimer's Association of Houston and Southeast Texas Chapter from 2008 to 2011. She developed education workshops, webinars, and conferences for family caregivers, physicians, social workers, nurses, and direct care workers.

Ms. Scott earned a Master of Public Health degree in Health Promotion and Behavioral Sciences from the School of Public Health at the University of Texas.

Ms. Scott has nothing to disclose.

Nicolas Stettler-Davis, MD, MSCE, developer/planner, has been a Managing Consultant in the Federal Health Practice of the Lewin Group since 2013. Prior to Lewin, he was an Academic Physician at the University of Pennsylvania's Children's Hospital of Philadelphia. As a physician and epidemiologist, Dr. Stettler-Davis has more than two decades of experience in the scientific and clinical aspects of health and diseases. He works on health and health care policies, learning and diffusion activities, and evidence-based guidelines contracts with the U.S. Departments of Health & Human Services (HHS), Defense (DoD), and Veterans Affairs (VA).

Dr. Stettler-Davis earned a Doctor of Medicine degree from Lausanne University.

Dr. Stettler-Davis has nothing to disclose.

Gregg Warshaw, MD, developer/planner, is an Academic Family Physician and Geriatrician. He is an advocate for improving the training of physicians and other professionals who care for older adults. Dr. Warshaw is a Clinical Professor of Family, Geriatric, and Internal Medicine at the University of North Carolina - Chapel Hill. He served as the Director of the Geriatric Medicine Program at the University of Cincinnati (UC) College of Medicine from 1987 through 2015. Dr. Warshaw joined the UC faculty after serving four years as an Assistant Professor and serving as the Director of the Geriatric Medicine Program in the Department of Community and Family Medicine at Duke University. Dr. Warshaw served as the Director of the Christ Hospital and the University of Cincinnati Geriatric Medicine Fellowship and Training Program for Physicians from 1986 through 2013. He served as the Medical Director of Maple Knoll Village, a continuing care retirement community in Springdale, Ohio from 1985 through 2014. In addition, he served as a Past President of the American Geriatrics Society (AGS) and the Association of Directors of Geriatric Academic Programs (ADGAP).

Dr. Warshaw’s academic interests include geriatric medicine education, preventive health care for the older adult, the clinical care of Alzheimer’s disease, and the long-term care and acute care interface. He directed the AGS and the ADGAP Geriatric Medicine Physician Workforce Study from 2001 through 2012. He has authored more than 100 articles and book chapters related to geriatric medicine and gerontology. He has regularly served as an Advisor to Federal agencies, foundations, and professional organizations. Dr. Warshaw has given numerous lectures
and presentations related to aging. He served as an Editor of the Sixth Edition of the popular geriatric medicine textbook, Primary Care Geriatrics.

Dr. Warshaw earned a Doctor of Medicine degree from the University of Michigan and completed his Residency and Fellowship at Duke University, the University of North Carolina, and Edinburgh University in Scotland.

Dr. Warshaw has nothing to disclose.

**Nancy L. Wilson, MSW, MA, developer/planner,** is a Gerontological Social Worker with over 40 years of experience caring for older people and families. Ms. Wilson is currently serving as an Associate Professor of Medicine and Geriatrics for the Baylor College of Medicine. She has been a Faculty Member at the Baylor College of Medicine for over 35 years, teaching and conducting research in the field of aging. Her previous experience includes serving as the Director of the Texas Project for Elders, Associate Director for the Texas Consortium of Geriatric Education Center, and the Clinical Instructor of Gerontology for the University of Texas School of Nursing.

Ms. Wilson has extensive academic and clinical experience in geriatrics, home-based, and community-based services. She has extensive experience in interdisciplinary training for all levels of trainees and practitioners in the medicine, social work, nursing and pharmacy fields. She has conducted webinars, face-to-face continuing education training events to over 200 audiences, and classroom training related to social work, nursing, and medicine. In addition, Ms. Wilson helped plan and develop the continuing education materials for this webinar.

Ms. Wilson earned a Master of Arts degree in Social Service Administration from the University of Chicago.

Ms. Wilson has nothing to disclose.

**Continuing Education Credit Information**

**Continuing Education Credit**

**Accreditation Council for Continuing Medical Education (ACCME)**

The Centers for Medicare & Medicaid Services (CMS) designates this *enduring activity* for a maximum of 1.5 **AMA PRA Category 1 Credit™**. Physicians should only claim credit commensurate with the extent of their participation in the activity. Credit for this course expires at midnight on **June 19, 2020**.

**International Association for Continuing Education and Training (IACET)**

The Centers for Medicare & Medicaid Services (CMS) is authorized by IACET to offer 0.2 **Continuing Education Unit (CEU)** for this activity. CEU will be awarded to participants who meet all criteria for successful completion of this educational activity. CEU credit for this course expires at midnight on **June 19, 2020**.

**Accreditation Statements**

Please click here for accreditation statements.

*AMA PRA Category 1 Credit™* is a trademark of the American Medical Association.
Instructions for Continuing Education Credit

The Medicare Learning Network® (MLN) recently upgraded its Learning Management System (LMS).

If you were already registered in the former MLN Learning Management System (LMS), you do not need to create a new login or password. However, the appearance of the system and instructions for registering, logging-in, accessing courses, and obtaining certificate information have all changed.


Learning Management System (LMS) Instructions

In order to receive continuing education credit for this enduring activity, you must pass the session post-assessment and complete the evaluation. The continuing education post-assessments and evaluations are being administered through the Medicare Learning Network®.

The post-assessment will be available on the Medicare Learning Network® (MLN) Learning Management System (LMS). Participants will need to login or register, to access the post-assessment.

Registering To Take a Post-Assessment

If you have previously taken Medicare Learning Network® (MLN) web-based training (WBT) courses, you may use the login ID and password you created for those courses. If you are a new user, you will need to register.

Already have an account with the MLN LMS?

To login (if you already have an account):
1. Go to the LMS Homepage https://learner.mlnlms.com
2. Enter your login ID and password and click on “Log In”

Don’t have an account with the MLN LMS?

Accessing the LMS/registering if you have NO account
- Need step by step instructions with screen shots?
- Forgot your password?
- Want to edit your account information?

How do I create an account?
1. Go to the LMS Homepage https://learner.mlnlms.com
2. Select “Need an Account?”
3. Enter information for all the required fields (those with asterisks)
NOTE: Your login ID is case sensitive. Your password must include at least the following:
Eight characters
- One number
- One lowercase letter
- One uppercase letter
- One of the following six symbols: ! @ $ % & ?

You may select “Other” for the “Health Care Provider” and “Health Care Facility Type” fields. You may select “Other” or “None” for the “Association” field, if you are not associated with an association or your’s is not listed.

4. At the “Select Organizations” screen, type “CMS” in the “Find Organization” field, and select “Search.” Select “CMS-MLN Learners Domain – Organization,” and select “Save”
5. Complete the “Time Zone,” “Region,” and “# of Records (per page)” fields
6. Select “Create” to create your LMS account
7. A verification code will be sent to your email address that was used to create the new account. Enter the code and select “Go”

Add MLN@cms.hhs.gov to your address book to prevent MLN communications from going to your spam folder.

Finding the Post-Assessment
1. Log In at https://learner.mlnlms.com
2. Enter title “Geriatric-Competent Care- Delivering Dementia Capable Care Within Health Plans: Why and How?” in the “Browse Catalog” box. If you do not see the “Browse Catalog” box, you will need to open your browser more
3. Click on the title in the dropdown, scroll to the bottom of the page
4. Click “Enroll,” scroll to the bottom of the page
5. Click “Access Item,” scroll to the bottom of the page
6. Click “Post-Assessment,” open item

Accessing Your Transcript and Certificate
To complete the course and get your certificate, you must complete the course evaluation. Please click here for instructions for completing the evaluation and accessing your transcript and certificate.

For questions regarding continuing education credit contact CMSCE@cms.hhs.gov via email.

Hardware/Software Requirements
Please click here for hardware and software requirements.

CMSCE Program Policies
Please click here for CMSCE Program Policies.

CMS Privacy Policy
Please click here for CMS’ Privacy Policy.
Help
For questions regarding the content of this activity, or technical assistance with the Medicare Learning Network® (MLN) Learning Management System (LMS), your assessment, or certificate, contact CMSCE at CMSCE@cms.hhs.gov via email.