Disability-Competent Care Self-paced Training Assessment Review Tool (DCC-START)

RESOURCE GUIDE

RESOURCES FOR INTEGRATED CARE

Resources for Plans and Providers for Medicare-Medicaid Integration

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Introduction

The Disability-Competent Care Self-paced Training Assessment Review Tool (DCC-START) is intended to assist health plans in strengthening their efforts to provide integrated, coordinated care to their members with disabilities. The DCC-START assesses an organization's Disability-Competent Care (DCC) training materials and identifies opportunities for augmentation and enhancement. The DCC-START complements the Disability-Competent Care Self-Assessment Tool (DCCAT), which is used by health plans and organizations to evaluate their DCC capabilities.

> *The DCC-START resource guide provides a wide-range of specialized resources designed to address DCC opportunity areas identified by the organization for the enhancement of training materials.*

Purpose

This guide provides a detailed list of resources that can be used to address the opportunity areas identified by the DCC START. The resources listed in this guide have been reviewed by a range of disability experts to ensure the content is topically relevant and meets the standards and practices of the DCC model.

Using This Guide

The following approach is recommended for the most effective application of resources:

1. **Download the DCC START and review training materials.** Download the DCC START from the Resources for Integrated Care website. Identify existing training and staff members to complete the tool.
2. **Answer each question.** It may be difficult to answer each question in the tool, however, answering all of the questions will provide the best assessment of how your organization is delivering DCC training and whether your training process can be enhanced. Your answers are used to produce a tailored set of opportunity areas.
3. **Review the opportunity areas.** After completing the first three sections of the DCC START opportunities will appear in the Summary section by training component (topic). Each opportunity area aligns with one of the seven[1] major training components that comprise the DCC model.
4. **Identify the appropriate resource.** Resources (below) are grouped and numbered according to the training components they cover in the DCC-START. Opportunity areas can easily be cross-walked to a companion resource by referencing either the training component or the numerical topic value assigned to each opportunity area and resource (e.g., opportunity area 1.4 aligns to the resources under topic 1). This list is not comprehensive, but rather a starting point. Additional resources are available at the Resources for Integrated Care website.

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[1] The seven training components are: understanding the population being served, understanding the disability experience, understanding disability rights, providing access, providng care coordination, providing long-term services and supports and integrating behavioral health care.

Disability-Competent Care Resources

Topic 1: Understanding the population being served

Resource Title	Resource Type	Description
Disability-Competent Care – What is it and Why is it Important?	Webinar	This resource introduces the disability-competent care model and describes the independent living/person-centered approach to care delivery.
The Lived Experience of Disability	Webinar	This resource describes the barriers associated with disabilities and the differences between standard health care delivery and person-centered disability-competent care.
Training Approaches for Healthcare Providers Serving Persons with Disabilities	Webinar	This resource provides successful strategies used in designing and implementing training programs for health care providers serving persons with disabilities.
Health Plan Member Services for Individuals with Disabilities	Training Module	This resource provides guidance for health plan staff to provide services to older adults with disabilities. The module includes information on communication and etiquette when interacting with the participant population and accommodations that can be provided to ensure seamless care.
Serving Vulnerable and Underserved populations	Training Curriculum	This resource provides guidance on working with vulnerable and underserved populations.
1.1. Focus on Functional Limitations		
Disability-Competent Care – What is it and Why is it Important?	Webinar	This resource introduces the disability-competent care model and describes the independent living/person-centered approach to care delivery.
The Lived Experience of Disability	Webinar	This resource describes the barriers associated with disabilities and the differences between standard health care delivery and person-centered disability-competent care.
1.2. Types of Functional Limitations		
Who Are People with Disabilities and Activity Limitations	Video	This resource defines activity limitations, how these limitations progress with age, and the diverse populations that are affected.
Short Orientation for Departmental Leaders: Serving People with Disabilities and Seniors	Presentation	This resource provides guidance for departmental leaders in defining disability, understanding the barriers to accessing care, and building capacity to meet the needs of persons with disabilities.
1.3. Demographics		
Local Medicare and Medicaid Data	Webpage	This resource can be used to determine disability prevalence locally.

*Note: If having difficulty downloading selected resource try copying the URL into a different web browser. For example, if using Microsoft Internet Explorer paste the URL into Google Chrome.

Resource Title	Resource Type	Description
Health and Health Care Disparities Among People with Disabilities	Article	This resource explores the health disparities among racial and ethnic minorities with disabilities resulting from prejudice, discrimination, economic barriers, and inadequate access to care.
1.4. Health and health care disparities experienced by people with disabilities		
Disability-Competent Care – What is it and Why is it Important?	Webinar	This resource introduces the disability-competent care model and describes the independent living/person-centered approach to care delivery.
The Lived Experience of Disability	Webinar	This resource describes the barriers associated with disabilities and the differences between standard health care delivery and person-centered disability-competent care.
Harris Family Center for Disability and Health Policy: Health and Health Care Disparities	Web page	This resource consists of an assortment of articles regarding care for individuals with different types of physical disabilities and the barriers they may experience in receiving care.
2015 National Healthcare Quality and Disparities Report and 5th Anniversary Update on the National Quality Strategy	Web page	This resource by the Agency for Healthcare Research and Quality (AHRQ) highlights 2015, findings on health care quality and health care disparities.
World Institute on Disability: Access to Care for Individuals with Disabilities	Video/Fact Sheets	These resources provide information on how medical settings and medical staff can make facilities and services more accessible for individuals with disabilities.
1.5 Learning from your members		
The Lived Experience of Disability	Webinar	This resource describes the barriers associated with disabilities and the differences between standard health care delivery and person-centered disability-competent care.
Developing and Implementing Self-Direction Programs and Policies: A Handbook (Chapter 3)	Handbook	This resource provides guidance for involving participants with disabilities in program design, implementation, and evaluation.
The Playbook: Better Care for People with Complex Needs	Website	This resource provides information for improving health for individuals with complex needs.
Best Practices for Meaningful Consumer Input in New Health Care Delivery Models	Handout	This resource focuses on best practices in designing new health care delivery models which can be used for serving individuals with disabilities.

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Topic 2: Understanding the disability experience

Resource Title	Resource Type	Description
Disability-Competent Care – What is it and Why is it Important?	Webinar	This resource introduces the disability-competent care model and describes the independent living/person-centered approach to care delivery.
The Lived Experience of Disability	Webinar	This resource describes the barriers associated with disabilities and the differences between standard health care delivery and person-centered disability-competent care.
World Report on Disability, Chapter One	Report	This resource provides a basis for defining and understanding disability.
2.1 Onset of Disability		
Categories of Disability	Handout	This resource explores the different categories of disability such as physical disabilities, sensory disabilities, and developmental disabilities.
Understanding Different Types of Disabilities	Web page	This resource provides information on six general categories of disability.
Classifications of Disabilities	Web page	This resource describes different types of disabilities and highlights a number of broad sub-categories; providing clarity through definition of terms.
Defining Brain Injuries	Web page	This resource defines traumatic and acquired brain injuries.
2.2 Progressive Disabilities		
Understanding Progressive Disabilities	Web page	This resource provides information on the characteristics of progressive conditions.
Chronic Illness and Disability	Web page	This resource focuses on the connection between chronic illness and disability and their effects on an individual.
Defining Multiple Sclerosis (MS)	Web page	This resource defines multiple sclerosis (MS) and provides insight into the life of an individual living with MS.
2.3 Aging with a Disability		
Administration on Aging	Website	This resource provides information on programs that support older adults, persons with disabilities, and family caregivers.
Aging Well with a Physical Disability	Factsheet	This resource addresses pertinent topics related to aging with a disability.
2.4 Intellectual Disabilities (ID)		
Healthcare Training for Persons with Developmental Disabilities	CEU Course Video	This resource provides information on health issues and barriers to health care for people with developmental disabilities.

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Resource Title	Resource Type	Description
Access to Medical Care: Training Tools for Health Care Providers, Disabled Patients and Advocates on Culturally Competent Care and Compliance with Disability Law	Video	This resource provides information on providing culturally competent care and guidance on complying with disability laws.
Health Care for Adults with Intellectual and Developmental Disabilities: Toolkit for Primary Care Providers	Web-based Toolkit	This resource provides guidance to primary care providers serving individuals with intellectually and developmental disabilities.
Administration on Intellectual and Developmental Disabilities	Web page	This resource describes the history of Developmental Disabilities Assistance and Bill of Rights Act (DD Act) and the development of the Administration on Intellectual and Developmental Disabilities (AIDD).
2.5 Cognitive Disability		
Etiquette Tips for Interacting with People with Disabilities	Handout	This resource provides guidance on etiquette tips that can be used when interacting with people with cognitive, intellectual, or psychiatric disability.
Neuropsychological Evaluation	Web page	This resource explores the use of neuropsychological evaluations to acquire data about cognitive, motor, behavioral, linguistic, and executive functioning.

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Topic 3: Understanding disability rights and practice implications

Resource Title	Resource Type	Description
The Lived Experience of Disability	Webinar	This resource describes the barriers associated with disabilities and the differences between standard health care delivery and person-centered disability-competent care.
Developing and Implementing Self-Direction Programs and Policies: A Handbook (Chapter 1)	Handbook	This resource provides an overview the key features of self-direction – employer and budget authority – as a service delivery model in the provision of long-term services and supports to participants living at home.
Office of Disability Employment Policy: Return-to-Work Toolkit for Employees	Web-based Toolkit	This resource provides guidance on how employees can prepare to return to work after an injury.
Disability Rights Texas: Community Living Resources	Handouts	These resources provide information regarding advance directives, legally adequate consent, self-advocacy, and supported decision making.
American with Disabilities Act	Website	This resource provides information regarding the Americans with Disabilities Act including design standards and technical assistance materials.
Medicaid Healthcare Accessibility for People with Disabilities	Legal Position Paper	This resource sets forth the legal basis for requiring states and intermediate health management organizations to assure that offered Medicaid health care services are available to individuals with disabilities.
3.1. Americans with Disabilities Act (ADA) and health care		
Cultural Competency Training for Healthcare Providers: Connecting with your patients	Presentation	This resource provides cultural competency training for health care providers and highlights strategies for working with seniors and individuals with disabilities.
National Resource Center for Participant-Directed Services: Program/Operations Toolkit	Web-based Toolkit	This resource reviews the concepts and principles of participant direction, identifies critical program design elements, and highlights lessons learned from program experiences.
Centers for Disease Control and Prevention: Information for Health Care Providers	Web page/Video	This resource includes a first-person story of an individual helping health care providers improve their care of people with disabilities.
3.2. Olmstead Decision legal obligations and requirements related to LTSS and health care		
Proactive Health Care & Community Connections	Presentation	This resource emphasizes the importance to coordination community programs to facilitate needed home and community services.

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Resource Title	Resource Type	Description
National Resource Center for Participant-Directed Services	Website	This resource provides information to assist states, agencies and organizations in offering participant-directed services.
Disability Rights Texas: Community Living Resources	Web page	This resource provides handouts regarding advance directives, legally adequate consent, and supported decision-making agreements for individuals receiving home and community-based services.
Olmstead: Community Integration for Everyone	Web page	This resource summarizes the decision in the Supreme Court case Olmstead v. L.C. and includes the personal stories of individuals affected by the decision.
3.3. Understanding the Independent Living Model (Social Model) as Compared to the Medical Model		
Dignity of Risk	Webinar	This resource includes a facilitated discussion around understanding and respecting the concept of dignity of risk. It provides guidance on how to engage a participant in a discussion while respecting their choice within the context of informed risk-taking.
Developing and Implementing Self-Direction Programs and Policies: A Handbook	Handbook	This resource provides an overview of the self-direction approach that can be used with long-term services and supports.
Independent Living and Traditional Paradigms	Web page	This resource compares traditional approaches to medical and vocational rehabilitation services with the consumer-driven, independent living approach.
National Council for Independent Living	Website	This resource provides information on upcoming events and trainings regarding independent living.

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Topic 4: Understanding and providing access

Resource Title	Resource Type	Description
Disability-Competent Care – What is it and Why is it Important?	Webinar	This resource introduces the disability-competent care model and describes the independent living/person-centered approach to care delivery.
The Lived Experience of Disability	Webinar	This resource describes the barriers associated with disabilities and the differences between standard health care delivery and person-centered disability-competent care.
Making Preventive Health Care Work for You: A Resource Guide for Persons with Physical Disabilities	Resource Guide	This resource is a participant-focused guidebook to prepare individuals to access the care and services they need.
Providing Home Modifications	Webinar	This resource describes the value of in-home functional assessments and the components of the home modification assessment process.
Introduction to Hassle Factors: Accessing Healthcare	Video	This resource sets forth the hassle factors associated with accessing health care services.
Accommodating Seniors and People with Disabilities: Model Policies and Procedures for Primary Care Practices	Resource Guide	This resource provides policies and procedures that primary care practices can incorporate into their existing models of care.
Tax Incentives For Improving Accessibility	Web page	This resource provides information on tax incentives to help businesses off-set the cost of improving access to goods and services for both employees and people with disabilities.
Centers for Disease Control and Prevention: Information for Health Care Providers	Web page/Video	This resource includes a first-person story of an individual helping health care providers improve their care of people with disabilities.
Questions to Ask for Identifying Communication and Accommodation Needs	Handout	This resource includes guidance for obtaining information from patients with disabilities regarding accommodations necessary for an office appointment or follow-up visit.
4.1 Attitudinal		
Disability-Competent Care – What is it and Why is it Important?	Webinar	This resource introduces the disability-competent care model and describes the independent living/person-centered approach that is integral to the delivery of disability-competent care.

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  browser. For example, if using Microsoft Internet Explorer paste the URL into Google Chrome.

Resource Title	Resource Type	Description
The Lived Experience of Disability	Webinar	This resource describes the barriers associated with disabilities and the differences between standard health care delivery and person-centered disability-competent care.
Healthcare Stories	Videos	This resource presents the perspectives of individuals with disabilities and describes the barriers to care they experience.
Healthcare Training for Persons with Physical and Sensory Disabilities	Training Module	This resource discusses the health and health care issues for individuals who have mobility and sensory disabilities.
Language Tips	Handout	This resource provides guidance on the language that can be used when referring to and interacting with individuals with disabilities.
4.2. Physical and Equipment		
The Lived Experience of Disability	Webinar	This resource describes the barriers associated with disabilities and the differences between standard health care delivery and person-centered disability-competent care.
Mobility and Seating Assessments and Equipment Procurement	Webinar	This resource includes a facilitated discussion around the process of assessing mobility needs and understanding the prevention of secondary conditions as a primary goal of mobility equipment assessments.
Using and Maintaining Mobility Equipment	Webinar	This resource communicates the importance of mobility training and the benefits of wheelchair maintenance.
Meeting the Transportation Needs of Enrolled Participants	Webinar	This resource communicates the importance of community participation and presents the range of transportation options for individuals with functional limitations.
Providing Home Modifications	Webinar	This resource describes the value of in-home functional assessments and the components of the home modification assessment process.
Hassle Factors: Physical Access	Video	This resource describes the physical barriers that individuals with disabilities experience and provides guidance on reducing and eliminating them.
Hassle Factors: Medical Equipment Access	Video	This resource describes the barriers individuals experience in accessing medical equipment and health care services and guidance on how to overcome them.
Checklist for Readily Achievable Barrier Removal	Handout	This resource identifies accessibility issues and solutions in existing facilities in order to meet obligations under the Americans with Disabilities Act.

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Resource Title	Resource Type	Description
Improving Accessibility with Limited Resources	Brief	This resource provides common accessibility challenges in health facilities and provides guidance on how to improve accessibility.
Access Maine: Home Modification toolkit	Toolkit	This resource provides an overview of home modifications and provides funding resources to finance them.
The Council for Disability Rights: Home Modification Information and Resources	Toolkit	This resource provides home-assessment tools and resources to identify funding for home modifications.
North Carolina Office on Disability and Health: Removing Barriers to Health Care: A Guide for Health Professionals	Guidebook	This resource walks health care providers through the process of making a medical facility physically accessible.
U.S. Access Board: Accessibility standards for medical diagnostic equipment and advisory guidance on prescription drug container labels	Web page	This resource presents the accessibility standards for medical diagnostic equipment.
U.S. Department of Justice: Access to Medical Care for Individuals with Mobility Disabilities	Training Module	This resource provides an overview and the general requirements for medical care access among individuals with mobility disabilities.
4.3. Communication- Language		
The Lived Experience of Disability	Webinar	This resource describes the barriers associated with disabilities and the differences between standard health care delivery and person-centered disability-competent care.
Hassle Factors: Communication Access	Video	This resource describes the communication barriers that individuals with disabilities experience and provides guidance on reducing and eliminating them.
Etiquette Quick Tips Interacting with People with Speech Disabilities	Handout	This resource provides guidance on interacting with individuals with speech disabilities.
Etiquette Quick Tips Interacting with People with Hearing Disabilities	Handout	This resource provides guidance on interacting with individuals with hearing disabilities.
Tips for communicating with people who use augmentative and alternative communication (AAC)	Tip sheet	This resource provides guidance on how to communicate effectively and politely with individuals who use augmentative and alternative communication.

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Resource Title	Resource Type	Description
4.4. Programmatic and Procedural		
Defining Programmatic Access to Healthcare for People with Disabilities	Website	This resource explains components of programmatic access for persons with disabilities.
4.5. Financial challenges		
National Resource Center for Participant-Directed Services	Website	This resource provides information to assist states, agencies and organizations in offering participant-directed services.
Benefits for People with Disabilities	Web page	This resource describes social security disability insurance and supplemental security income.
4.6. Assessing and Communication Provider Access		
Approaches To Creating A Disability-Competent Primary Care Network	Webinar	This resource communicates the importance of redesigning primary care delivery to serve adults with disabilities and including highly responsive primary care as part of an interdisciplinary care team.

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Topic 5: Understanding and providing care coordination

Resource Title	Resource Type	Description
Relationship-Based Care	Web page	This resource describes relationship-based care and presents an operational framework that may improve safety, quality, patient satisfaction, and staff satisfaction by improving every relationship within an organization.
The Care Coordination Relationship	Webinar	This resource describes the importance of establishing a relationship between each participant and the interdisciplinary care team.
Agency for Healthcare Research and Quality: Care Coordination	Web page	This resource provides an overview of care coordination and outlines various approaches for implementation.
5.1. Values: person-centered, dignity of risk, self-direction		
Disability Rights Texas: Community Living Resources	Web page	This resource provides handouts regarding advance directives, legally adequate consent, and supported decision-making agreements for individuals receiving home and community based services.
Dignity of Risk	Webinar	This resource includes a facilitated discussion around understanding and respecting the concept of dignity of risk. It provides guidance on how to engage a participant in a discussion while respecting their choice within the context of informed risk-taking.
5.2. Trust and Communication		
Relationship-Based Care	Web page	This resource describes relationship-based care and presents an operational framework that may improve safety, quality, patient satisfaction, and staff satisfaction by improving every relationship within an organization.
The Care Management Relationship	Webinar	This resource explores the importance of establishing a relationship between each participant and the interdisciplinary care team. Presenters discuss the application of person-centered care planning in care coordination and use a first-person story to demonstrate delivering disability-competent care through an interdisciplinary team.
5.3. Functional Necessity and Medical Necessity		
The Lived Experience of Disability	Webinar	This resource describes barriers associated with disabilities and the differences between standard health care delivery and person-centered disability-competent care.

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Resource Title	Resource Type	Description
Disability-Competent Care – What is it and Why is it Important?	Webinar	This resource introduces the disability-competent care model and describes the independent living/person-centered approach.
5.4. Interdisciplinary Care Team (IDT)		
The Care Coordination Relationship	Webinar	This resource describes the importance of establishing a relationship between each participant and the interdisciplinary care team.
Strategies to Stimulate and Support Participant Engagement	Webinar	This resource includes a discussion of the benefits of participant and advocate engagement. It also provides multiple strategies for participant engagement.
Disability-Competent Care Planning: The Individualized Plan of Care	Webinar	This resource explores the individualized care plan by introducing the interdisciplinary care team and the care planning process, applying the care planning process to adults with disabilities, and aligning care coordination resources with the unique needs of each participant.
Basics of Individualized Quality Care	Fact Sheet	This resource provides a resident's experience in a nursing home; exploring four areas of importance in developing of the individualized care plan.
Interdisciplinary Care Teams for Medicare-Medicaid Enrollees: Considerations for States	Brief	This resource explores how interdisciplinary care teams work collaboratively to develop and implement care plans to meet individual medical, behavioral, long-term care, and social service needs.
5.5. Assessment		
The Care Coordination Relationship	Webinar	This resource describes the importance of establishing a relationship between each participant and the interdisciplinary care team.
Disability-Competent Care Planning: The Individualized Plan of Care	Webinar	This resource explores the individualized care plan by introducing the interdisciplinary care team and the care planning process, applying the care planning process to adults with disabilities, and aligning care coordination resources with the unique needs of each participant.
Suggested Model for Transitional Care Planning	Web page	This resource provides a framework for transitional care planning including screening and assessment guidance.
5.6. Individualized Plan of Care (IPC)		
Disability-Competent Care Planning: The Individualized Plan of Care	Webinar	This resource explores the individualized care plan by introducing the interdisciplinary care team and the care planning process, applying the care planning process to adults with disabilities, and aligning care coordination resources with the unique needs of each participant.

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Resource Title	Resource Type	Description
Basics of Individualized Quality Care	Fact Sheet	This resource provides a resident's experience in a nursing home; exploring four areas of importance in developing of the individualized care plan.
A Provider's Guide for the Care of Women With Physical Disabilities and Chronic Health Conditions	Guide	This resource is designed for clinicians to aid in the delivery of care for women with physical disabilities and chronic health conditions. The guide reviews strategies for management as well as specialized approaches.
5.7. Participant Coaching		
The Care Coordination Relationship	Webinar	This resource describes the importance of establishing a relationship between each participant and the interdisciplinary care team.
Disability-Competent Care Planning: The Individualized Plan of Care	Webinar	This resource explores the individualized care plan by introducing the interdisciplinary care team and the care planning process, applying the care planning process to adults with disabilities, and aligning care coordination resources with the unique needs of each participant.
Strategies to Stimulate and Support Participant Engagement	Webinar	This resource discusses of the benefits of participant and advocate engagement. The webinar also provides multiple strategies for participant engagement.
5.8. Transitions		
Managing Transitions	Webinar	This resource explores the transitional care model and focuses on the importance of managing transitions.
Suggested Model for Transitional Care Planning	Web page	This resource provides a framework for transitional care planning including screening and assessment guidance.
5.9. Involving Formal and Informal Supports		
Flexible Long-Term Services and Supports	Webinar	This resource explores flexible long-term services and support with an emphasis on care coordination, participant choice, and community participation.
Caregiver Action Network	Web page	This resource provides information and guidance on informal supports.
5.10. Adult & Child Protective Services		
Recognizing and Preventing Abuse	Web page	This resource provides an overview of abuse definitions and how to prevent abuse.
Signs and Indicators of Abuse	Web page	This resource identifies signs and indicators of adult abuse.

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Topic 6: Understanding and providing long-term services and supports

Resource Title	Resource Type	Description
Flexible Long-Term Services and Supports	Webinar	This resource explores flexible long-term services and supports with an emphasis on care coordination, participant choice, and community participation.
Proactive Health Care & Community Connections	Presentation	This resource emphasizes the importance to coordination community programs to facilitate needed home and community services.
6.1 Supporting Choice in LTSS		
Flexible Long-Term Services and Supports	Webinar	This resource explores flexible long-term services and supports with an emphasis on care coordination, participant choice, and community participation.
Building a Disability-Competent Provider Network	Webinar	This resource explores a disability-competent provider network with an emphasis on supporting the participants' existing specialty relationships and promoting accessibility.
Building Partnerships Between Health Care (Plans & Providers) and Community-Based Organizations	Webinar	This resource assists in understanding cultural differences between the medical and community-based provider entities and highlights strategies to facilitate timely communication between care coordinators, medical and long-term services and supports providers.
6.2. Utilizing both Formal and Informal Supports		
Flexible Long-Term Services and Supports	Webinar	This resource explores flexible long-term services and supports with an emphasis on care coordination, participant choice, and community participation.
Building a Disability-Competent Provider Network	Webinar	This resource explores a disability-competent provider network with an emphasis on supporting the participants' existing specialty relationships and promoting accessibility.
Building Partnerships Between Health Care (Plans & Providers) and Community-Based Organizations	Webinar	This resource assists in understanding cultural differences between the medical and community-based provider entities and highlights strategies to facilitate timely communication between care coordinators, medical and long-term services and supports providers.
Self-Direction Toolkit	Toolkit	This resource is a comprehensive guide to assist individuals in self-direction.
6.3. Applying the concepts of Functional Necessity and Most Integrated Environment (Olmstead)		

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Resource Title	Resource Type	Description
Discrimination on the Basis of Disability	Web page	This resource provides an overview of the federal protections from discrimination on the basis of having a disability.
6.4. Understanding and Accessing Resources		
Building a Disability-Competent Provider Network	Webinar	This resource explores a disability-competent provider network with an emphasis on supporting the participants' existing specialty relationships and promoting accessibility.
National Resource Center for Participant-Directed Services: Program/Operations Toolkit	Web-based Toolkit	This resource reviews the concepts and principles of participant direction, identifies critical program design elements, and highlights lessons learned from program experiences.

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Topic 7: Understanding and integrating behavioral health care

Resource Title	Resource Type	Description
Health Care for Adults with Intellectual and Developmental Disabilities: Toolkit for Primary Care Providers	Web-based Toolkit	This resource provides guidance to primary care providers serving individuals with intellectually and developmental disabilities.
Integrating Behavioral Health Competency Within Disability-Competent Teams	Webinar	This resource provides an understanding of the prevalence and importance of addressing participant behavioral health needs and discusses strategies to facilitate timely communication and collaboration between behavioral health providers and disability-competent care teams.
Mental Health Conditions	Web page	This resource provides descriptions of mental health conditions and options for treatment and support.
Substance Use Disorders in People with Physical and Sensory Disabilities	Brief	This resource discusses screening, treatment planning, and counseling for substance abuse disorders in individuals with physical and sensory disabilities.
Substance Use Disorder Treatment for People with Physical and Cognitive Disabilities	Guide	This resource is a comprehensive reference on substance abuse and individuals with disabilities.
7.1 Mental Health		
Health Care for Adults with Intellectual and Developmental Disabilities: Toolkit for Primary Care Providers	Web-based Toolkit	This resource provides guidance to primary care providers serving individuals with intellectually and developmental disabilities.
Etiquette Tips for Interacting with People with Disabilities	Handout	This resource provides guidance on etiquette tips that can be used when interacting with individuals with cognitive, intellectual, or psychiatric disabilities.
7.2. Chemical Health and Substance Abuse		
Vinland National Center: Client Stories	Web page	This resource explores the whole-person approach to treatment and highlights the road to and impact of recovery.
7.3 Behavioral Issues		
Integrating Behavioral Health Competency Within Disability-Competent Teams	Webinar	This resource provides an understanding of the prevalence and importance of addressing participant behavioral health needs and discusses strategies to facilitate timely communication and collaboration between behavioral health providers and interdisciplinary care teams.

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Resource Title	Resource Type	Description
Health Care for Adults with Intellectual and Developmental Disabilities: Toolkit for Primary Care Providers	Web-based Toolkit	This resource provides guidance to primary care providers serving individuals with intellectually and developmental disabilities.

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