Geriatric-Competent Care: Supporting Individuals with Intellectual and Developmental Disabilities (I/DD) As They Age

Continuing Education (CE) Activity Information & Instructions
(Enduring Activity #: WE-E12182019-MMCO)

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Activity Information

Activity Description
Nationally, the number of adults with intellectual and developmental disabilities (I/DD) over the age of 60 is steadily increasing and by 2030, the number of adults with I/DD aged 60 and older is projected to reach 1.2 million people.[1] The physical, cognitive, functional, and behavioral changes that are associated with the aging process typically manifest earlier and in different ways for individuals living with I/DD.[2] These differences may raise unique challenges for clinicians, health plans, and providers who are engaged with individuals with I/DD and their families and caregivers. As a result, there are emerging opportunities for health plans and providers to support aging individuals living with I/DD and their families and caregivers through comprehensive, integrated care that addresses the needs of the whole person across the lifespan.

Speakers shared lessons learned and strategies for providing care for dually eligible individuals with I/DD across the lifespan.

Please click below to access the recorded webinar: https://www.resourcesforintegratedcare.com/IntellectualandDevelopmentalDisabilities/2019_IDD_Webinar/Supporting_Individuals_with_IDD_as_they_Age.


Target Audience
This activity is designed for all health care professionals.

Learning Objectives
By the end of this activity, participants should be able to:
• Recognize the physical, cognitive, and behavioral changes typical of the aging process, and how these changes may manifest for someone with I/DD
• Identify key supports families, health plans, providers and individuals with I/DD may need to manage these types of changes across the life span
• Describe an integrated approach health plans can utilize to respond to the needs of individuals with I/DD as they age

Participation
Register for the webinar, participate in the webinar, and access and complete the assessment and evaluation, per the Instructions for Continuing Education Credit, at the end of this document.

Speaker Bios & Disclosures (alphabetical by last name)
No one in a position to control the content of this activity has anything to disclose. All planners and developers of this activity have signed a disclosure statement indicating any relevant financial interests. This activity was developed without commercial support.
Angela George, MSPH, developer/planner, has been employed as a Senior Consultant with the Lewin Group, a healthcare and human services policy consulting firm, since July 2011. She has supported numerous contracts for Federal clients. Ms. George has supported the development of numerous webinars and technical assistance products as part of the Resources for Integrated Care Series. At Lewin, her work focuses on projects related to the dually-eligible population, behavioral health, and the diffusion of promising provider practices.

Ms. George earned a Master of Science in Public Health degree, with an emphasis in Health Policy, from the Bloomberg School of Public Health at Johns Hopkins University.

Aaron Holley, MD, developer/planner, is a Pulmonary/Sleep and Critical Care Medicine Physician at the Uniformed Services University. Dr Holley has been an Internal Medicine Physician for 18 years, and a Pulmonary, Sleep, And Critical Care Medicine Physician for 11 years. He has been active in clinical practice, academics, and hospital leadership throughout this time. He has spent 19 of the last 20 years working at large, tertiary/quarternary care, academic medical centers. Dr Holley has practiced general internal medicine, pulmonary and critical care medicine, and sleep medicine for close to 20 years. During this time, he has published extensively on pulmonary, sleep, and general medicine topics, led international guideline committees, and served on steering committees that provide guidance to practicing providers at all levels of care.

Dr. Holley earned a Doctor of Medicine degree from the Uniformed Services University. He completed a Fellowship in Pulmonary, Critical Care, and Sleep Medicine at the Walter Reed Army Medical Center.

Gerard Kerins, MD, FACP, presenter, is the Associate Chief of Geriatrics for Education at the Yale-New Haven Hospital and the Yale Medical School. He is also the Program Director for the Geriatric Fellowship and an Associate Clinical Professor of Medicine at the Yale School of Medicine and the the University of Connecticut School of Medicine. Dr. Kerins' practice is focused on the clinical care of older adults with Intellectual Disability and Down Syndrome. He has presented frequently at the national and state-wide level to various professional and academic groups on these topics and has authored various book chapters and manuscripts on the topics.

Dr. Kerins earned a Doctor of Medicine degree from New York Medical College and a Master of Public Administration degree from New York University.

Grace Koehl, BS, developer/planner, has been employed as a Senior Research Analyst on the TA Duals Contract at the Lewin Group, a health care consulting firm, since June 2019. Ms. Koehl has an academic background in public health with a specific focus on behavioral health and caregivers. She provides support on webinars and question and answer (Q & A) documents for the TA Duals Program.

Ms. Koehl earned a Bachelor of Science degree in Global Health from Georgetown University.

Deborah Pfeifer, MPA, presenter, is the Intellectual Developmental Disabilities Administrator at Aetna Better Health of Kansas. She has been in the field of developmental disabilities for 30 years. She began her career as a direct care staff person working in a group home, while pursuing her undergraduate degree. Ms. Pfeifer has worked in various capacities in the field, including working as a Director of Quality Assurance for the State government and as a Chief Program Officer for an organization providing residential supports to adults. She has experience leading
I/DD initiatives for a managed care organization's $1 billion contract. Her work has included implementing I/DD frameworks and processes within the organization's team. Ms. Pfeifer also has experience providing technical assistance to state agencies on I/DD services and leading the development and training of staff at the Center for Developmentally Disabled.

Ms. Pfeifer earned a Master of Public Administration degree from the University of Missouri-Kansas City.

**Michelle Reynolds, PhD, presenter,** is the Associate Director of Training and Technical Assistance at the University of Missouri-Kansas City (UMKC) Institute for Human Development, the University Center on Excellence in Developmental Disabilities. She also serves as a Research Associate Professor with the UMKC School of Medicine in the Department of Biomedical and Health Informatics. In these roles, she is committed to research, demonstrations and implementation of evidenced-based practices that enhance person-and family-centered organizational, policy and systems change. Dr. Reynolds also serves as the Co-Director of the National Community of Practice on Supports to Families with Members with Developmental Disabilities with her partners at the National Association for Directors of Developmental Disabilities Services. Their efforts are focused on transformative policy and practice change for enhancing person-and family-centered outcomes.

Dr. Reynolds was instrumental in the development of the National Agenda for Supporting Families with a Member with Intellectual and Developmental Disabilities and continues to serve as a facilitator of the the Association on Centers on Disability (AUCD) Family Support Special Interest Group (FS SIG). She is the Director of the Health Resources and Services Administration (HRSA) Family-to-Family Health Information Center for Missouri and Missouri’s Parent-to-Parent Program, housed within the Missouri Developmental Disability Resource Center. Dr. Reynolds was appointed to the President’s Committee for People with Intellectual Disabilities (PCPID) by President Barack Obama in May 2014, and continues to serve as a citizen member.

Dr. Reynolds earned a Doctor of Philosophy degree in Public Administration and Sociology from the University of Missouri-Kansas City and a Master of Occupational Therapy degree from Rockhurst University.

**Laurel Ruesch, BS, developer/planner,** has been employed as a Senior Research Analyst on the TA Duals Contract at the Lewin Group, a health care consulting firm, since June 2018. Ms. Ruesch has experience developing products focused on highlighting best practices and strategies used by providers and health plans serving individuals dually-eligible for Medicare and Medicaid.

Ms. Ruesch earned a Bachelor of Science degree in Sociology from the University of Minnesota.

**Callie Simmons, BS, presenter,** has worked as a Long Term Services and Supports (LTSS) Service Coordinator with Aetna Better Health of Kansas (Aetna KS) since November 2018. Ms. Simmons is responsible for working with individuals receiving services through the Intellectual and Developmental Disability Waiver Program. Prior to joining Aetna KS, she was employed by the Kansas Department for Aging and Disability Services from August 2017 through November 2018, where she was responsible for managing the Physical Disability Waiver Program. Ms. Simmons' experience also includes working as a program coordinator with an agency providing employment supports to individuals with intellectual and developmental disabilities from June 2011 through August 2017.
Ms. Simmons completed the Charting the LifeCourse™ Ambassador Series in 2019. Since completing this series, she has focused on integrating the principles and concepts into her work with Aetna KS members receiving services through the Intellectual and Developmental Disability Waiver Program in Kansas.

Ms. Simmons earned a Bachelor of Arts degree in Sociology and Anthropology from Washburn University.

**Sharon Spurlock, BA, presenter**, has over 35 years of experience supporting adults with intellectual and developmental disabilities and their families. Ms. Spurlock worked in residential supports and employment services and oversaw the St. Louis Arc’s Community Integration programs for 19 years prior to moving into her current position as the Director of Family Support Services in 2008. She coordinates the implementation of Charting the LifeCourse™ (CtLC) initiatives within the St. Louis Arc and leads the Eastern Missouri CtLC Stakeholders Group. Ms. Spurlock is also a Charting the LifeCourse™ Ambassador and a Certified Futures Planner through the Arc of the U.S. Center for Futures Planning.

Ms. Spurlock is recognized as an expert in person-centered philosophy and advocacy and she passionate about helping people with disabilities and their families find great supports in the community. Her professional experience also includes oversight of a $3 Million dollar respite program, family workshops and support groups, and self-determination advocacy initiatives.

Ms. Spurlock earned a Bachelor of Arts degree in Psychology and Special Education from Saint Louis University.

**Continuing Education Credit Information**

**Continuing Education Credit**

**Accreditation Council for Continuing Medical Education (ACCME)**

The Centers for Medicare & Medicaid Services (CMS) designates this **enduring activity** for a maximum of **1.25 AMA PRA Category 1 Credit™**. Physicians should only claim credit commensurate with the extent of their participation in the activity. Credit for this course expires at midnight on **December 18, 2020**.

**International Association for Continuing Education and Training (IACET)**

The Centers for Medicare & Medicaid Services (CMS) is authorized by IACET to offer **0.1 Continuing Education Unit (CEU)** for this activity. CEU will be awarded to participants who meet all criteria for successful completion of this educational activity. CEU credit for this course expires at midnight on **December 18, 2020**.

**Accreditation Statements**

[Please click here for accreditation statements](#).

*AMA PRA Category 1 Credit™* is a trademark of the American Medical Association.
Instructions for Continuing Education Credit

The Medicare Learning Network® (MLN) recently upgraded its Learning Management System (LMS).

If you were already registered in the former MLN Learning Management System (LMS), you do not need to create a new login or password. However, the appearance of the system and instructions for registering, logging-in, accessing courses, and obtaining certificate information have all changed.


Learning Management System (LMS) Instructions

In order to receive continuing education credit for this enduring activity, you must pass the session post-assessment and complete the evaluation. The continuing education post-assessments and evaluations are being administered through the Medicare Learning Network®.

The post-assessment will be available on the Medicare Learning Network® (MLN) Learning Management System (LMS). Participants will need to login or register, to access the post-assessment.

Registering To Take a Post-Assessment

If you have previously taken Medicare Learning Network® (MLN) web-based training (WBT) courses, you may use the login ID and password you created for those courses. If you are a new user, you will need to register.

Already have an account with the MLN LMS?

To login (if you already have an account):
1. Go to the LMS Homepage https://learner.mlnlms.com
2. Enter your login ID and password and click on “Log In”

Don’t have an account with the MLN LMS?

Accessing the LMS/registering if you have NO account
- Need step by step instructions with screen shots?
- Forgot your password?
- Want to edit your account information?

How do I create an account?
1. Go to the LMS Homepage https://learner.mlnlms.com
2. Select “Need an Account?”
3. Enter information for all the required fields (those with asterisks)
*NOTE: Your login ID is case sensitive. Your password must include at least the following:

Eight characters
- One number
- One lowercase letter
- One uppercase letter
- One of the following six symbols: ! @ $ % & ?

You may select “Other” for the “Health Care Provider” and “Health Care Facility Type” fields. You may select “Other” or “None” for the “Association” field, if you are not associated with an association or your’s is not listed.

4. At the “Select Organizations” screen, type “CMS” in the “Find Organization” field, and select “Search.” Select “CMS-MLN Learners Domain – Organization,” and select “Save”

5. Complete the “Time Zone,” “Region,” and “# of Records (per page)” fields

6. Select “Create” to create your LMS account

7. A verification code will be sent to your email address that was used to create the new account. Enter the code and select “Go”

Add MLN@cms.hhs.gov to your address book to prevent MLN communications from going to your spam folder.

Finding the Post-Assessment
1. Log In at https://learner.mlnlms.com
2. Enter title “Geriatric-Competent Care: Supporting Individuals with Intellectual and Developmental Disabilities (I/DD) As They Age” in the “Browse Catalog” box. If you do not see the “Browse Catalog” box, you will need to open your browser more" (trail off)
3. Click on the title in the dropdown, scroll to the bottom of the page
4. Click “Enroll,” scroll to the bottom of the page
5. Click “Access Item,” scroll to the bottom of the page
6. Click “Post-Assessment,” open item

Accessing Your Transcript and Certificate
To complete the course and get your certificate, you must complete the course evaluation. Please click here for instructions for completing the evaluation and accessing your transcript and certificate.

For questions regarding continuing education credit contact CMSCE@cms.hhs.gov via email.

Hardware/Software Requirements
Please click here for hardware and software requirements.

CMSCE Program Policies
Please click here for CMSCE Program Policies.

CMS Privacy Policy
Please click here for CMS’ Privacy Policy.
Help
For questions regarding the content of this activity, or technical assistance with the Medicare Learning Network® (MLN) Learning Management System (LMS), your assessment, or certificate, contact CMSCE at CMSCE@cms.hhs.gov via email.