Behavioral Health Series:
Promising Practices for Meeting the Needs of Dually Eligible Older Adults with Substance Use Disorders

Continuing Education (CE) Activity Information & Instructions
(Enduring Activity #: WE-E05162019-MMCO)

Activity Information

Continuing Education Credit Information

Instructions for Continuing Education Credit

Activity Information

Activity Description

In 2018, Resources for Integrated Care held the [Supporting Older Adults with Substance Use Disorders webinar](#) focused on screening and assessment approaches for older adults with SUD. This May, please join us for the Promising Practices for Meeting the Needs of Dually Eligible Older Adults with Substance Use Disorders webinar, which will take a closer look at this important topic, including a focus on tailored screenings, resources, treatment approaches, and programs to meet the needs of older adults with SUD. Substance use disorders (SUD) are an emerging public health concern for the growing population of older adults. By 2020, the number of older adults with SUD is expected to rise to 5.7 million, up from 2.8 million in 2002-2006.[1]

Older adults with SUD face unique challenges in receiving appropriate care: The formal diagnosis criteria in the DSM-5 for SUD are less relevant for older adults than they are for the general population, making SUD symptoms more difficult to identify among older adults.[2] Historically, older adults are also less likely to be screened for SUD.[3],[4] In addition, individuals dually eligible for Medicare and Medicaid have approximately twice the rates of co-occurring SUD and chronic pain relative to Medicare-only beneficiaries, making them a particularly vulnerable group.[5] Older adults with SUD benefit from treatment approaches that are age and generationally appropriate, and designed to address common co-occurring conditions, mobility limitations, and social factors.[6] Evidence has shown that age-specific programs, such as group therapy for older adults, lead to better long-term treatment outcomes.[7]

This interactive webinar discussed common SUDs among dually eligible older adults, identified promising practices for screening, treatment, and care coordination, and demonstrated practical strategies for meeting the needs of older adults with SUDs. Speakers, including a consumer with lived experience, will share lessons learned and strategies to provide effective care for dually-eligible older adults with SUDs.

Please click below to access the recorded webinar: https://www.resourcesforintegratedcare.com/Behavioral_Health/2019_BH_Webinar/Older_Adults_with_SUD.

[1] Wu, L. T., & Blazer, D. G. (2011). Illicit and nonmedical drug use among older adults: a review. Journal of aging and health, 23(3), 481-504.

[2] Kuerbis, A., Sacco, P., Blazer, D. G., Moore, A. A. (2014). Substance abuse among older adults. Clinical Geriatric Medicine, 30, 629-654. https://doi.org/10.1016/j.cger.2014.04.008.

[3] Duru, O. K., Xu, H., Tseng, C. H., Mirkin, M., Ang, A., Tallen, L., ... & Ettner, S. L. (2010). Correlates of alcohol-related discussions between older adults and their physicians. Journal of the American Geriatrics Society, 58(12), 2369-2374.

[4] D'amico, E. J., Paddock, S. M., Burnam, A., & Kung, F. Y. (2005). Identification of and guidance for problem drinking by general medical providers: results from a national survey. Medical care, 229-236.

[5] Donovan, S., & Coleman, K. (2016, October 3). Opportunities for MMPs, PACE organizations, and D-SNPs to Prevent Identify, and Treat Opioid Addiction or Misuse among Medicare-Medicaid Dually Eligible Beneficiaries [Letter to Medicare-Medicaid Plans, PACE Organizations, and Dual Eligible Special Needs Plans].

[6] Kuehn, B. (2016, April 19). Substance Use Treatment for Older Adults. Retrieved from https://www.samhsa.gov/homelessness-programs-resources/hpr-resources/substance-use-treatment-older-adults.

[7] Kofoed, L. L., Tolson, R. L., Atkinson, R. M., Toth, R. L., & Turner, J. A. (1987). Treatment compliance of older alcoholics: an elder-specific approach is superior to" mainstreaming". Journal of studies on alcohol, 48(1), 47-51.

Target Audience
This activity is designed for all health care professionals.

Learning Objectives
By the end of this activity, participants should be able to:
- Identify unique characteristics of substance use disorders (SUDs) among older adults
- Recognize effective strategies for screening SUDs among older adults and helping them transition from assessment to treatment
- Recognize how to provide tailored treatment, recovery support services, and community resources to older adults
- Identify opportunities to collaborate with clinicians, social workers, case managers, and caregivers to support older adults with SUDs

Participation
Watch the recorded webinar linked to in the *Activity Description* section of this document, and access and complete the assessment and evaluation, per the *Instructions for Continuing Education Credit*, at the end of this document.

Speaker Bios & Disclosures (alphabetical by last name)
No one in a position to control the content of this activity has anything to disclose. All planners and developers of this activity have signed a disclosure statement indicating any relevant financial interests. This activity was developed without commercial support.

Elizabeth Baumann, LSW, presenter, has been employed as a Care Manager with MyCare Ohio at the Council on Aging since February 2015. In this role, she is responsible for working directly with dually-eligible waiver members, coordinating home health care, and behavioral health and substance use disorders. Ms. Baumann was previously employed with Butler Behavioral Health Services in the same capacity for three years.

Ms. Bauman earned her License in Social Work from Miami University.

Sherri Finkel, presenter, is a consumer speaker who will be sharing her personal experience with substance use disorder(SUD) and recovery. She has worked closely with Dr. Nicole MacFarland and has volunteered with Senior Hope Counseling. Ms Finkel is currently training to become a Credentialed Alcoholism and Substance Abuse Counselor (CASAC-T).

Ms. Finkel earned a Bachelor of Science degree in Biology and Chemistry from the City College of New York.

Angela George, MSPH, developer/planner, has been employed as a Senior Consultant with the Lewin Group, a healthcare and human services policy consulting firm, since July 2011. She has supported numerous contracts for Federal clients. Ms. George has supported the development of numerous webinars and technical assistance products as part of the Resources for Integrated Care Series. At Lewin, her work focuses on projects related to the dually-eligible population, behavioral health, and the diffusion of promising provider practices.

Ms. George earned a Mater of Science in Public Health degree, with an emphasis in Health Policy, from the Bloomberg School of Public Health at Johns Hopkins University.

Caroline Loeser, BS, developer/planner, is a Research Consultant at the Lewin Group. Ms. Loeser brings expertise related to technical assistance, program support, and developing products for providers serving individuals with severe mental illness and substance abuse. At Lewin, Ms. Loeser supports several federal contracts with the Centers for Medicare & Medicaid Services (CMS). Her current work focuses on providing technical assistance and performing qualitative data analysis for the Health Care Innovation Awards Round Two (HCIA2). In addition, Ms. Loeser supports Lewin in engaging subject matter experts and key informants to shape products, resources, and tools for providers who serve Medicare-Medicaid enrollees.

Ms. Loeser earned a Bachelor of Science degree in Public Health and Tropical Medicine from Tulane University.

Nicole MacFarland, PhD, presenter, has been a Social Worker for over 25 years and has conducted multiple presentations and lectured locally, state-wide, and nationally on the topic of addictions and mental health.

Dr. MacFarland earned a Doctor of Philosophy degree in Social Work from the School of Social Welfare at the University at Albany.

Nicolas Stettler-Davis, MD, MSCE, developer/planner, has been a Managing Consultant in the Federal Health Practice of the Lewin Group since 2013. Prior to Lewin, he was an Academic Physician at the University of Pennsylvania's Children's Hospital of Philadelphia. As a physician and epidemiologist, Dr. Stettler-Davis has more than two decades of experience in the scientific and clinical aspects of health and diseases. He works on health and health care policies, learning and diffusion activities, and evidence-based guidelines contracts with the U.S. Departments of Health & Human Services (HHS), Defense (DoD), and Veterans Affairs (VA).

Dr. Stettler-Davis earned a Doctor of Medicine degree from Lausanne University.

Louis Trevisan, MD, presenter, is a Board Certified Addiction Psychiatrist and has been a Faculty Member in the Department of Psychiatry at the Yale University School of Medicine for 28 years. Dr. Trevisan has been working in administrative, research, teaching, and clinical settings at VA Connecticut Healthcare System since 1991 and teaches about substance use problems in older americans in the Geriatric and Addiction Fellowship Programs at the School of Medicine at Yale University.

Dr. Trevisan earned a Doctor of Medicine degree from Oregon Health Sciences University.

Continuing Education Credit Information

Continuing Education Credit
Accreditation Council for Continuing Medical Education (ACCME)
The Centers for Medicare & Medicaid Services (CMS) designates this activity for a maximum of 1.5 *AMA PRA Category 1 Credit™*. Physicians should only claim credit commensurate with the extent of their participation in the activity. Credit for this course expires at midnight on May 16, 2020.

AMA PRA Category 1 Credit™ is a trademark of the American Medical Association.

International Association for Continuing Education and Training (IACET)
The Centers for Medicare & Medicaid Services (CMS) is authorized by IACET to offer
<u>0.2 Continuing Education Unit (CEU)</u> for this activity. CEU will be awarded to participants who meet all criteria for successful completion of this educational activity. CEU credit for this course expires at midnight on <u>May 16, 2020</u>.

Accreditation Statements
<u>Please click here for accreditation statements</u>.

Instructions for Continuing Education Credit

The Medicare Learning Network® (MLN) recently upgraded its Learning Management System (LMS).

If you were already registered in the former MLN Learning Management System (LMS), you do not need to create a new login or password. However, the appearance of the system and instructions for registering, logging-in, accessing courses, and obtaining certificate information have all changed.

For more information on the new LMS, please visit <u>https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/Downloads/LMPOS-FAQs-Booklet-ICN909182.pdf</u>.

Learning Management System (LMS) Instructions
In order to receive continuing education credit for this enduring activity, you must pass the session post-assessment and complete the evaluation. The continuing education post-assessments and evaluations are being administered through the Medicare Learning Network®.

==The post-assessment will be available on the Medicare Learning Network® (MLN) Learning Management System (LMS). Participants will need to login or register, to access the post-assessment.==

Registering To Take a Post-Assessment
If you have previously taken Medicare Learning Network® (MLN) web-based training (WBT) courses, you may use the login ID and password you created for those courses. If you are a new user, you will need to register.

Already have an account with the MLN LMS?
To login (if you already have an account):
1.   Go to the LMS Homepage <u>https://learner.mlnlms.com</u>
2.   Enter your login ID and password and click on "Log In"

Don't have an account with the MLN LMS?
Accessing the LMS/registering if you have NO account
- Need step by step instructions with screen shots?
- Forgot your password?
- Want to edit your account information?

How do I create an account?
1. Go to the LMS Homepage https://learner.mlnlms.com
2. Select "Need an Account?"
3. Enter information for all the required fields (those with asterisks)

*NOTE: Your login ID is case sensitive. Your password must include at least the following:
Eight characters
- One number
- One lowercase letter
- One uppercase letter
- One of the following six symbols: ! @ $ % & ?

You may select "Other" for the "Health Care Provider" and "Health Care Facility Type" fields. You may select "Other" or "None" for the "Association" field, if you are not associated with an association or your's is not listed.

4. At the "Select Organizations" screen, type "CMS" in the "Find Organization" field, and select "Search." Select "CMS-MLN Learners Domain – Organization," and select "Save"
5. Complete the "Time Zone," "Region," and "# of Records (per page)" fields
6. Select "Create" to create your LMS account
7. A verification code will be sent to your email address that was used to create the new account. Enter the code and select "Go"

Add MLN@cms.hhs.gov to your address book to prevent MLN communications from going to your spam folder.

Finding the Post-Assessment
1. Log In at https://learner.mlnlms.com
2. Enter title "**Behavioral Health Series: Promising Practices for Meeting the Needs of Dually Eligible Older Adults with Substance Use Disorders**" in the "Browse Catalog" box. If you do not see the "Browse Catalog" box, you will need to open your browser more
3. Click on the title in the dropdown, scroll to the bottom of the page
4. Click "Enroll," scroll to the bottom of the page
5. Click "Access Item," scroll to the bottom of the page
6. Click "Post-Assessment," open item

Accessing Your Transcript and Certificate
To complete the course and get your certificate, you must complete the course evaluation.
Please click here for instructions for completing the evaluation and accessing your transcript and certificate.

For questions regarding continuing education credit contact CMSCE@cms.hhs.gov via email.

Hardware/Software Requirements

[Please click here for hardware and software requirements](#).

CMSCE Program Policies

[Please click here for CMSCE Program Policies](#).

CMS Privacy Policy

[Please click here for CMS' Privacy Policy](#).

Help

For questions regarding the content of this activity, or technical assistance with the Medicare Learning Network® (MLN) Learning Management System (LMS), your assessment, or certificate, contact CMSCE at CMSCE@cms.hhs.gov via email.